

OTTAWA

metro

®



NEWS
WORTH
SHARING.



airmilesshops.ca™

BLACK
FRIDAY
DEALS

NOV. 27 – DEC. 4

10X

Shop online and earn 10x AIR MILES® reward miles¹

140+ online stores including...



Apple Store
Canada

Sears*

amazon.ca

ToysRus

OLD NAVY

and
many more...

#airmilesshops

Visit airmilesshops.ca/blackfriday

BLACK FRIDAY

NOVEMBER 24–
DECEMBER 4
MORE GREAT
DEALS IN-STORE!

Our Best Prices of the Year on Top Appliance Brands!

BONUS: 5-piece Paderno Steel Chef cookware set with the purchase of any Samsung induction range! (\$350 VALUE!)

**SAVE
\$1100.00
ON THIS PAIR**

FRIDGE: \$1299⁹⁹
WAS: \$1799⁹⁹
STOVE: \$1199⁹⁹
WAS: \$1799⁹⁹



SAMSUNG

FRENCH DOOR REFRIGERATOR (RF221NCTASR)
• 21.6 Cu. Ft. Capacity • Split Cantilever Shelves
• Humidity-controlled Crispers ELECTRIC RANGE (FE710DRS) • 4.1 Cu. Ft. Capacity • FlexDuo™ Technology • Five Powerful Dual and Triple Burners

**SAVE
\$1300.00
ON THIS PAIR**

FRIDGE: \$1999⁹⁹
WAS: \$2799⁹⁹
STOVE: \$1499⁹⁹
WAS: \$1999⁹⁹



SAMSUNG

FRENCH DOOR REFRIGERATOR (RF4267HARS)
• 25.5 Cu. Ft. Capacity • Flex Zone Mid Convertible Drawer • Twin Cooling Plus System™ ELECTRIC RANGE (NE597N0PBSR) • FlexCook Zone • SteamQuick – Clean-up in 20 minutes • Induction Cooktop • True convection

**SAVE \$1900.00
ON THIS 3 PIECE PKG**

FRIDGE: \$3599⁹⁹
WAS: \$4599⁹⁹
STOVE: \$2199⁹⁹
WAS: \$2699⁹⁹
DISH WASHER: \$699⁹⁹
WAS: \$1099⁹⁹



SAMSUNG

4 DOOR FRENCH DOOR REFRIGERATOR (RF32FMQBSR) • 31.8 Cu. Ft. Capacity
• EcoSave™ • Fridge or Freezer use Bottom Right Door • Anti Finger Print Coating
ELECTRIC RANGE (NE58F9710WS) • 5.8 Cu. Ft. Capacity • Flex Duo technology •
Built-In Look with Simple Installation DISHWASHER (DW80F800UWS) • Stormwash™
technology • Hard Food Disposer • Flexible Interior Space

BUY WITH CONFIDENCE



WASHER WAS: \$1299⁹⁹
DRYER WAS: \$1099⁹⁹
NOW: \$1599/pair

**SAVE
\$800.00
ON THIS PAIR**



SAMSUNG

FRONT-LOAD WASHER (WF397UTPAGR)
• 4.6 Cu. Ft. Capacity • PowerFoam™
• Steam enhanced cycles
DRYER (DV405ETPAGR) • 7.4 Cu. Ft.
Capacity • Steam Dry • Sensor Dry

**SAVE
\$700.00
ON THIS PAIR**



SAMSUNG

WASHER WAS: \$1499⁹⁹
DRYER WAS: \$1199⁹⁹
NOW: \$1999/pair

FRONT-LOAD WASHER (WF455ARGSGR)
• 5.2 Cu. Ft. Capacity • Smart Control
• SpeedSpray™ and PowerFoam™
DRYER (DV455EVGSGR) • 7.5 Cu. Ft.
Capacity • Steam Dry • Smart Control

prestige
HOME FURNISHINGS & APPLIANCE GALLERY

Hours of operation: Monday-Friday 10am - 9pm || Saturday 10am - 6pm || Sunday 11am - 5pm

1344 Youville Drive, Orléans
613.824.3300
www.prestigefurniture.com
Like us! /prestigeorleans



See sales associate for complete details.

OTTAWA

metro®



IF THE SHOE FITS ...

IN WHICH THE STORY OF SHANNON THE TEMP COMES TO ITS WONDERFUL, MAGICAL, FAIRY-TALE ENDING RECAP

PAGE 20



Air Miles, and other budget solutions

AG suggests tackling city staff absenteeism, better contract management in final report

PAGE 8

Local nurse shares her war stories

It does not get the attention of higher-profile wars like those in Syria, but the need in the Central African Republic is just as great, says Médecins Sans Frontières volunteer

PAGE 10



THE NEW OLD SCHOOL

Ottawa Senators captain Jason Spezza and Vancouver Canucks captain Henrik Sedin show off the new old-school hockey sweaters that they'll be wearing when their teams face off in an outdoor game March 2 at BC Place at the Tim Hortons NHL Heritage Classic. It will be only the third modern NHL game to take place outside. Both players said they were excited to play in the new colours and enjoy connecting with their team's roots. SEAN MCKIBBON/METRO



Did you know 72% of pain sufferers regularly have trouble sleeping?

© Johnson & Johnson 2013



Cops smash biker ring in series of raids

Projet Dérapage.

Cocaine, steroids, meth network linked to Hells Angels, police say



TREVOR GREENWAY

trevor.greenway@metronews.ca

Police in Gatineau and Ottawa have seized more than four kilograms of cocaine, more than \$100,000 in cash, a machine gun and 10 vehicles in several drug raids Thursday morning, dismantling what they say is a major drug trafficking network linked to the Hells Angels motorcycle gang.

Gatineau police spokesperson Sgt. Jean-Paul LeMay told Metro that the raids — conducted at 12 Gatineau

List of those arrested:

- Marc-André Charbonneau-l'Heureux, 29, Patrick Brazeau (not the senator), 27, Justyna Kubow, 27, Sébastien Mayer, 28, Pascal Hamel, 26, Sylvain Lachaine, 27, Alexandre Lumsden, 23, Dominic Marquis, 31, Rock Danis-Sarazin, 29, Jordan Remillard, 24, Nicholas Guertin, 23

residences and at four Ottawa properties — also uncovered 1,000 pills of methamphetamine, an undisclosed amount of steroids, two handguns, a Taser and an undisclosed amount of marijuana.

He noted that the street

value of the seized cocaine is more than \$500,000. He also said that among the seized vehicles was a Lexus with a modified serial number.

The operation was the culmination of a yearlong investigation dubbed Projet Dérapage and resulted in the arrest of 20 people actively involved in the trafficking of the drugs. The investigation was a joint effort of four local law enforcement agencies.

"It's really important for us to signal the assistance of Sûreté du Québec and MRC des Collines Police force for this morning's operation," said LeMay.

"But especially Ottawa police for the way they actively participated in our investigation, concerning the four addresses on the Ottawa side," said LeMay.

For sleep tips & more visit
sleep-centre.ca



Preston St. Scotiabank

Cops want help catching bandit

A note-toting bandit made off with cash from the Scotiabank on Preston Street on Nov. 21 and Ottawa police want help catching him.

The robbery happened around 11:05 a.m., and the thief fled in a grey or silver SUV, described as "older" or "boxy." The suspect is described as a Caucasian male, mid-30s, with tanned or darker complexion, dark eyes, five-foot-ten with a normal build. A passenger waiting in the SUV is described as a Caucasian female, also with tanned or darker complexion, mid-20s, shoulder-length black hair and slim build. Anyone with information should call police at the robbery unit at 613-236-1222 ext. 5116 or Crime Stoppers at 613-233-8477 (TIPS) or 1-800-222-8477. METRO

National Capital Region

Second Simons store set to open

Montreal retail giant La Maison Simons is opening its second department store at Les Promenades Gatineau. The 80,000-square-foot store, part of a \$110-million redevelopment for the mall that will add major international retailers H&M and Forever 21, will open spring 2015, a year ahead of the store in the Rideau Centre.

Simons's CEO Peter Simon will be on site at Les Promenades Gatineau to announce plans for the new store on Monday. The Gatineau location is the latest chapter in the Quebec-based retailer's expansion across Canada. DENIS ARMSTRONG/FOR METRO



Winterlude mascots the Ice Hogs pose with kids at a launch event staged by Heritage Canada at Jacques Cartier Park in Gatineau Thursday. JOE LOFARO/METRO

Winterlude reflected in CNN spotlight

Ottawa makes top 10 list of cold hot-spots.

Canadian Heritage hopes the attention will draw more U.S. visitors



JOE LOFARO

joe.lofaro@metronews.ca

The department of Canadian Heritage is hoping a nod to the capital region from CNN this week will translate into a rush of American visitors to this year's Winterlude.

On Tuesday, Ottawa was

the only Canadian city to make the cut in a CNN article on the top 10 cities to visit for a winter vacation, and the capital's famous winter festival was at the top of the list of things to do here.

"It's a really great honour," said Denise Leblanc, National Capital Commission spokesperson, at the official announcement of the 36th edition of the festival Thursday.

"We're hoping maybe that does have some resonance with our friends in the States and that we do see an increase in the number of visitors."

Canadian Heritage says one third of the 600,000 visitors who come to Winterlude each year are from outside the na-

Don't miss it

This year's Winterlude will run from Jan. 31 to Feb. 17 in Ottawa and Gatineau.

tional capital region.

The department will have its first go at running the festival on its own this year after it fell into their hands following the federal government's 2013 budget. Previously, the NCC was in charge of organizing and promoting Winterlude.

But Leblanc said there will be no noticeable change to the public.

"The transition has gone really well," said Leblanc. "The

majority of the employees who worked in Winterlude previously have transferred to the Department of Canadian Heritage."

The famous Ice Hog mascots arrived in Jacques Cartier Park in Gatineau Thursday for the announcement, flanked by several kids sporting toques and hockey sticks.

The theme at the park this year will be winter sports, as a nod to our Olympic athletes who will compete at the 2014 Winter Olympics in Sochi, Russia.

Canadian Heritage said it will announce the official programming for Winterlude in the weeks to come.

980 Wellington St. West, Ottawa • 613.894.5762 • SAME DAY DELIVERY

MATTRESS CITY PLUS
LIQUIDATION CENTRE



**MATTRESS
LIQUIDATION
BLOWOUT!!!**

Bring this in this coupon and

**WE'LL PAY
THE TAX!**

On purchases over \$489. Some conditions apply.
see store for details. Valid until December 31, 2013.



FROM \$169

**GET A
FREE
BOXSPRING!**

**SAVE UP
TO 75%**

With the purchase of a
mattress \$289 and up
single, double, queen and
\$449 and up for king.

King \$349+. Queen \$219+. Double \$129+. Single
\$99+. Brand name quality products from the
manufacturers, King Koil Kingsdown, Dreamstar,
Orthopedic, Serta, Simmons. NEW, factory
demos, showroom samples, end of line and discontinued
models, **ALL IN EXCELLENT CONDITION!!**

BELLEVILLE
324 North Front St.
(613) 969-0120

BROCKVILLE
2399 Parkdale Ave.
(613) 345-3161

CORNWALL
Cornwall Square
(613) 936-2083

GOUCESTER
Gloucester City Centre
1980 Ogilvie Rd., Unit 136
(613) 842-7285
2016 Ogilvie Rd., Unit 6
(613) 746-4545

KANATA
Hazeldean Mall
(613) 271-1153
Kanata Centrum
Shopping Centre
(613) 599-9690
1261 Main St., Unit 12
(613) 836-0976
700 Eagleson Rd.
(613) 592-5098
499 Terry Fox Dr., Unit 65
(613) 595-1760

KINGSTON
Cataraqi Town Centre
(613) 634-9897
Kingston Centre
(613) 546-6043
122 Princess St.
(613) 549-0315

NEPEAN
130 Riocan Ave.
(613) 823-9240
Bayshore Shopping Centre
(613) 726-7665
3777 Strandherd Dr.
(613) 823-6909

ORLEANS
2020 Lanthier Dr., Unit E2
(613) 590-0289
1675 10th Line Rd.
(613) 841-8485

OTTAWA
901 Carling Ave.
(613) 238-7533
104 Bank St.
(613) 230-0202
1465 Merivale Rd.
(613) 224-9222
205 Richmond Rd.
(613) 724-2674
1719 St. Laurent Blvd.
(613) 276-8585

2121 Carling Ave., Unit 87
(613) 798-1946
1200 St. Laurent Blvd.
Unit 248
(613) 746-8546
50 Rideau St., Unit 327C
(613) 232-4800
110 Place D'Orleans Blvd.
Unit 290
(613) 590-2237
2269 Riverside Dr., Unit 44
(613) 737-2071
690 Bank St.
(613) 668-5499

530 Montreal Rd., Unit 526
(613) 745-6800

1379-A Woodroffe Ave.
(613) 225-6007

2515 Bank St., Unit 5
(613) 739-4775
363 Bank St.
(613) 594-4555

PEMBROKE
670 Pembroke St. W
(613) 732-1602
1100 Pembroke St. E,
Unit 210
(613) 732-1602
3435A Petawawa Blvd.
(613) 732-1492



THURSDAY NOV 28 – MONDAY DEC 2

BLACK FRIDAY SALE

THE HOTTEST
**ANDROID
DEVICES**
STARTING **\$0***
ON SELECT 2-YEAR PLANS



NEXUS 5™
WAS \$99.99
NOW \$0

LG G2™
WAS \$99.99
NOW \$0

SAMSUNG
GALAXY S4™
WAS \$179.99
NOW \$0



SAMSUNG
GALAXY
NOTE 3™
WAS \$299.99
NOW \$199.99

SAMSUNG
GALAXY S4
MINI™
WAS \$49.99
NOW \$0

GET A SAMSUNG
GALAXY GEAR™
WITH THE PURCHASE OF
SELECT SAMSUNG DEVICES
FOR ONLY **\$49.99**
SAVE \$280
ON SELECT 2-YEAR PLANS

CALL 1 888 ROGERS1
CLICK rogers.com/blackfriday
VISIT your local Rogers store today

LIVE LIKE NEVER BEFORE™

ROGERS™

Offer available for a limited time and subject to change without notice. *After applicable discount (not exceeding device purchase price) with new activation on any 2-yr. plan having min. \$60 monthly service fee (MSF) on primary line or min. \$45 MSF on secondary line. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. 1 Available at participating Rogers locations from Nov. 28/13 until the earlier of Jan. 6/14 or while quantities last with purchase of eligible Samsung device (Galaxy S4, S4 Mini, S4, S3, Mega, Note 2 or Note 3) and new activation on any 2-yr. talk, text and internet plan having min. \$60 monthly service fee (MSF) on primary line (\$45 MSF talk and text line also eligible in the case of Galaxy S4 Mini & S3) or min. \$45 MSF on secondary line. Samsung Mega compatibility requires a software upgrade (expected January 2014). If eligible plan is cancelled within first 15 days in accordance with your Service Agreement, Samsung Galaxy Gear must also be returned in original condition (\$49.99 will be refunded) else the difference of \$280 will be charged to customer's account. The Android robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. TM ©2013 Rogers Communications.

'Still in shock.' Rockland woman goes home with \$20-million lotto win

Rockland resident Pierrette Levesque almost booked an economy-class rail ticket for her trip to the OLG Prize Centre in Toronto to claim the \$20,113,060.60 jackpot from the Nov. 16 Lotto 6-49 draw.

"I'm still in shock. It's hard to believe that I'm now a multi-millionaire! First-class is an affordable option for me now!" she was quoted as saying in an OLG news release.

The occasional lottery player found out Monday when she checked her ticket after news reports that a \$20-million prize for a ticket sold in Ottawa had gone unclaimed.

She said her only regret is that her husband isn't here to share in her joy. "He passed away almost exactly



Pierrette Levesque holds up a giant cheque from OLG. CONTRIBUTED

five years ago. He would have been so happy."

A retired Canada Post employee, Levesque said she will take some time to think about how to spend her new found fortune. Travelling the world, possibly to France and Spain, is definitely in the plans — first-class flights, of course. METRO

Game day

SkyHawks: Free tickets to fans who wear team jersey Friday

To mark this year's RBC Sports Day in Canada, the Ottawa SkyHawks are playing a home game against the Windsor Express on Friday, at 7:30 p.m., at Canadian Tire Centre. Fans that wear a jersey from any sport will receive a free ticket to a future game.

METRO

Financial help

Carleton creates bursary to support students in need

The Carleton University Students' Association (CUSU) has donated \$212,000 to the university to endow a new bursary, the CUSA Bursary Fund.

The bursary will be awarded every year to 10 undergraduate students, two per faculty. Eligible recipients will demonstrate financial need.

METRO

Innovators get paired with funding tools

Product development.
U of O prof behind next-gen wearable gadgets touts new initiative



JOE LOFARO

joe.lofaro@metronews.ca



University of Ottawa professor Abdulmotaleb El Saddik, right, wears a belt capable of measuring his heartbeat and transmitting the data to the stress-indicator app on the smartphone held by student Vahid Hosseiniouni. JOE LOFARO/METRO

and proof-of-concept products from post-secondary institutions and hospitals across Canada.

"I love to see my research automatically applied by the company," said El Saddik in his lab Thursday during an interview. "The Canadian economy profits definitely from it, so I think this is really the best way."

His master's and PhD stu-

dents are hoping to impress more private-sector players with their latest concoctions, such as a bathroom mirror that tells you how much you weigh and a shoe insert that tells your smartphone to pause the movie you're watching on TV when you get up from the couch.

"In the home of the future that we envision, we assume that you have multiple

sensors in the room that calculate your presence," said El Saddik. "In an ideal environment, everything is connected."

More information about the Research Facilities Navigator is available at innovation.ca.

Follow Joe Lofaro on Twitter @giuseppello



HENNESSY VS COGNAC
8284 750 mL
\$59.95

COGNAC COCKTAILS?
After all, this is the season for surprises.

PLEASE DRINK RESPONSIBLY.
Featured product available at select LCBO stores. Prices subject to change without notice.

LCBO
DISCOVER THE WORLD

porter
flying refined

You do not have time to hibernate. Porter's sale ends today.

You've got so many places to go to over the holidays. Whether it's for family, friends or a getaway for the two of you; Porter's sale can help you get there. But book before midnight to make sure you get where you need to go, at the prices you deserve.



Flights from Ottawa. Book by November 29, 2013. Travel by April 11, 2014. Up to 21-day advance purchase may be required. One-way fares include all taxes, surcharges and mandatory fees. Additional charges may apply for checked baggage and other optional services.* Fares starting from:

HALIFAX 5 x daily	MONCTON Daily	ST. JOHN'S 3 x daily	TORONTO 17 x daily	QUÉBEC CITY	SAULT STE. MARIE	SUDBURY	THUNDER BAY	TIMMINS
\$152	\$152	\$220	\$99	\$202	\$186	\$179	\$192	\$186
WINDSOR	BOSTON	CHICAGO	NEW YORK	VERMONT Service begins Dec. 15	WASHINGTON Dulles	ALL-IN PRICES		
\$152	\$226	\$257	\$205	\$196	\$205			

Book online or contact your travel agent.

flyporter.com

porter
Escapes

Vacation packages from Ottawa. Vacation travel dates vary by package. Limited availability. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full listings and availability, please visit our website.**

★★★★
\$405

TORONTO

Hyatt Regency
Standard Room
Dept. January 24, 25, 25,
27, 28, 29, 30
Nights: 2

★★★★+
\$418

HALIFAX

Atlantica
Standard Room
Dept. December 14, 15,
16, 17
Nights: 2

★★★★
\$517

WASHINGTON

Loews Madison
Deluxe King Room
Dept. December 27, 28
January 4
Nights: 2

★★★★
\$638

NEW YORK

Algonquin Hotel
Guest Room
Dept. February 13, 14, 15
Nights: 2

Book packages online, contact your travel agent or call Porter Escapes 1-855-372-1100. TTY – Dial “711”.

porterescapes.com

* Book by 11:59 pm Eastern Time November 29, 2013. Travel by April 11, 2014. Up to 21 day advance purchase may be required. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as \$150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to \$200 per person per direction, plus any fare differential. Other significant conditions (including a \$25 first-checked bag and \$35 second-checked bag fee to and from the U.S., a \$20 second-checked bag fee for flights in Canada, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines. Packages include return airfare, all taxes, surcharges and mandatory fees. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.

tico.ca
Travel Industry Council of Ontario

Healthy lifestyle

Royal Ottawa gets \$150K boost from Sun Life Financial

The Royal Ottawa Hospital received a gift of \$150,000 from Sun Life Financial on Thursday. The money will go to the hospital's new Healthy Lifestyle Program for patients living with both mental illness and diabetes or metabolic syndrome.

The relationship between diabetes and mental illness is of growing concern. Among eastern Ontario's 90,000 diabetics, one in three has sought mental-health services. People with both diabetes and depression also have an increased risk of long-term disability, lost work time, vascular complications and mortality compared to people with diabetes alone. The Healthy Lifestyle Program will include an

integrated framework for assessment and therapy where every client has the opportunity to meet on an individual basis with the Royal's professionals, including a psychiatrist/physician, dietitian, therapeutic recreationist, pharmacist and metabolic nurse who will establish the therapeutic relationship with the patient and monitor metabolic measurements throughout the program.

DENIS ARMSTRONG/FOR METRO

Charity drive

Public servants raise over \$20M

Hundreds of federal employees and retirees at the Canadian Museum of Nature celebrated the Government of Canada Workplace Charitable Campaign's success in raising \$20.1 million in the National Capital Region as of Thursday.

METRO

Salvation Army needs your help to help others

Bell-ringers wanted.

Organization is hoping 110 new recruits join the battle to raise \$600,000 by Dec. 24

DENIS
ARMSTRONG
ottawa@metronews.ca

The Salvation Army needs your help, and a few ho-hos.

The charity that rings in every Christmas season with that familiar kettle of cash donations desperately needs between 30-50 volunteers to staff 40 kettle stations at shopping centres, big-box stores and LCBOs around Ottawa.

The army currently has a

team of 110 volunteers, who have been out on location since Nov. 14, but if they're to meet their campaign goal of \$600,000 by Dec. 24, they'll require between 150-200 volunteers to appeal to Christmas shoppers.

All money raised goes to help more than 7,000 individuals and families in crisis in the capital with food, shelter and clothing.

"It's a great feeling," said Salvation Army spokesperson Caroline Franks.

Volunteers can donate as little as two hours of service, or as much as they like; there is no maximum. Register at ottawakettles.ca, or call 613-233-8428, extension 253 to volunteer. And if standing in public ringing a bell isn't your thing, you can host a virtual kettle online at fillthekettle.com.



2.25%

It's a good day to start saving.

Earn 2.25% interest* until January 31, 2014 on new deposits combined across any of these accounts:

- Interest Plus™ savings account
- no fee bank account

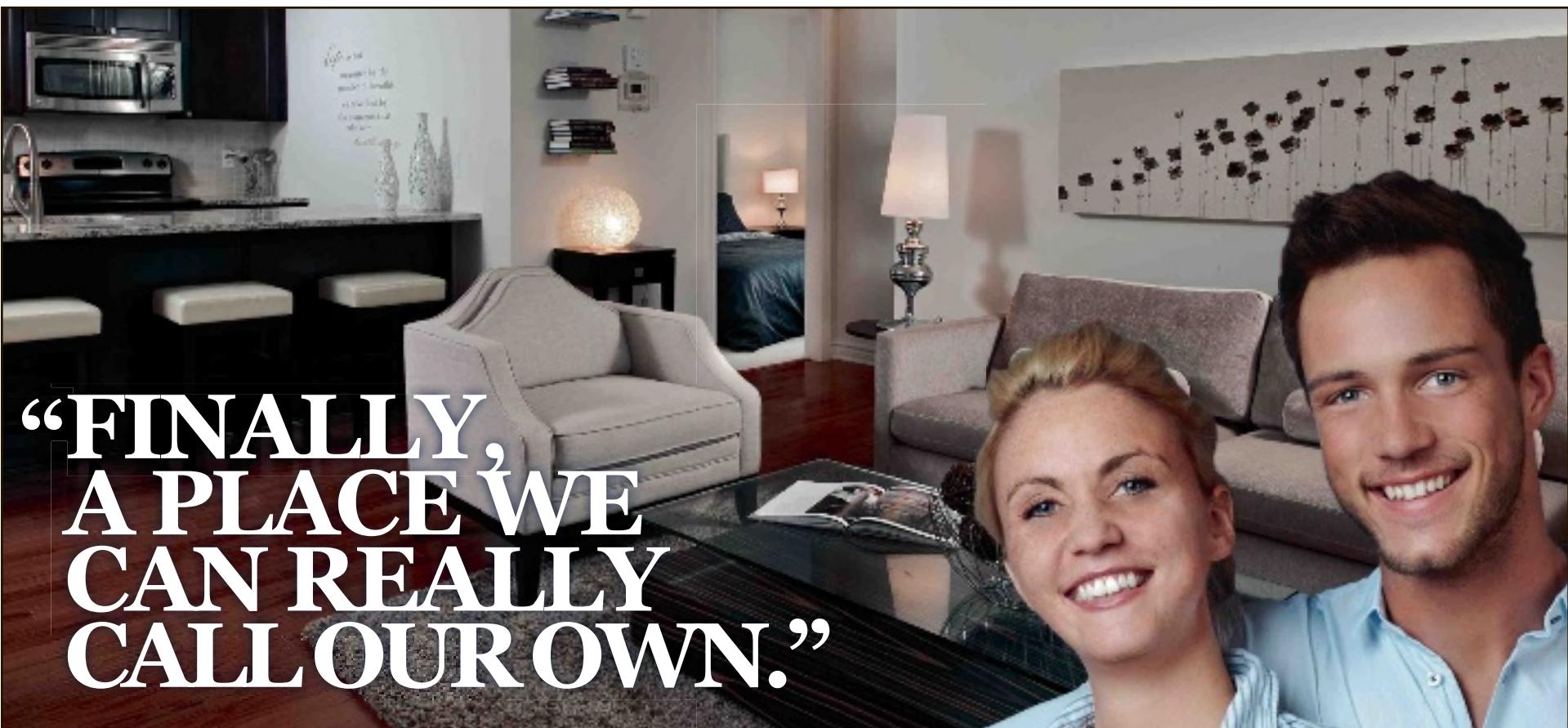
Call 1-888-236-6315, drop by an in-store pavilion, or visit pcfinancial.ca/greatrate for details.

President's Choice
FINANCIAL.

That's just good banking.

*How it works: To participate in the offer, you must enroll during the offer period by calling 1-888-236-6315 or by speaking to a representative at a President's Choice Financial® pavilion or hub. Offer Period: November 1, 2013 to January 31, 2014. Interest First® savings account is also eligible for this offer. Ask for details. The promotional interest rate of 2.25% (the "Promotional Rate") is a combination of the regular annual interest rate on an eligible account, plus promotional interest ("Promotional Interest") paid during the offer period. The Promotional Rate will be calculated during the offer period on the portion of aggregate average daily closing balances across all of a primary account holder's eligible accounts which exceed the aggregate closing balance across the primary account holder's aggregate eligible account(s) closing balance, if any, on October 31, 2013 (the "Additional Balance"). Promotional interest will be paid in February 2014 into a single eligible account held by a primary account holder. The current regular rate is calculated on the full daily closing balance of eligible account and paid monthly. Rates may change at any time. Offer is non-transferable, cannot be combined with other promotional rate offers, and may be changed or cancelled at any time. Other conditions and restrictions apply. Visit pcfinancial.ca/greatrate for the full terms and conditions of this offer and for more information, including current rates, visit www.pcfinancial.ca, speak to a representative at a President's Choice Financial pavilion or hub, or call 1-888-236-6315. ©TM PC, PC Financial, President's Choice, President's Choice Financial, Interest First and Interest Plus are trademarks of Loblaw's Inc. CIBC is a licensee of the marks. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Ottawa resident Lynn Walsh, 27, rings the bell for the Salvation Army's kettle campaign at the Bay downtown. METRO FILE



**“FINALLY,
A PLACE WE
CAN REALLY
CALL OUR OWN.”**

JAVA CONDO FLATS

\$199900
FROM JUST

Looking to get out of the rental rat race and into a place of your own? Then wake up and smell the JAVA-JAVA Condo Flats at Findlay Creek Village. JAVA Condo Flats are the affordable and stylish alternative, with private entrances, six appliances, air conditioning, \$5000* Design Centre Bonus, \$5000** off the purchase price and a FREE parking spot included with each one. And they start at just \$213,900!



**VIEW JAVA VIDEO
AND PHOTO GALLERY
ONLINE**
TARTANHOMES.COM

**\$5,000
DESIGN CENTRE
BONUS**

Available for a Limited Time Only

VISIT OUR SALES CENTRE | 613-247-0078
AT FINDLAY CREEK VILLAGE
600 WILLOMERE WAY
MON - THURS 1 - 8pm
SAT - SUN & HOLIDAYS 12 - 5pm

TARTANHOMES.COM

 **TARTAN**
HOMES BUILT ON SOLID IDEAS

Today Only!



SAVE 60%
159.99

WHOLE HOME NOËL™/MC

Colorado slim pine
7.5 ft. pre-lit Christmas tree
42" diameter. 600 lights.
1180 tips.
SEARS Reg. \$399.99
W-5026171

SAVE 50%
ALL* OTHER REG. PRICED
CHRISTMAS TREES



SAVE
50%

ALL* MEN'S DRESSWEAR,
DRESS SHIRTS AND TIES

Reg. priced items only.

W-4582188



Sears®

BE THE FIRST TO KNOW ABOUT
OUR GIFT OF THE DAY!

Scan this code or go to Sears.ca/giftoftheday to check out today's deal and sign up for e-mail or text message reminders.

*These savings offers exclude items with prices ending in .97, Matinique and Calvin Klein® brands.

NE114G213 © 2013, Sears Canada Inc.



City auditor Alain Lalonde delivered his last report on Ottawa's finances Thursday. He will be replaced by Ken Hughes.
METRO FILE

Lalonde's final audit identifies \$1 million in possible savings

Rack up those Air Miles.

AG looks at absenteeism, little-used service centres and sloppy contracting

DENIS
ARMSTRONG

ottawa@metronews.ca

Absenteeism among City of Ottawa employees is a growing problem that needs to be addressed, said the city's outgoing auditor general Alain Lalonde.

In his final report to council, Lalonde said absenteeism costs the city \$2.5 million annually.

City manager Kent Kirkpatrick agreed it's a problem and said his office is working on a new plan for 2014 that will limit sick days to 16.5 annually.

But the sick-leave issue was just one of a number of

Lalonde's legacy

\$51M

Audit subcommittee chair Coun. Rick Chiarelli congratulated Alain Lalonde for saving the city an estimated \$51 million over his nine-year term.

issues highlighted by Lalonde, who has served as auditor general for the last nine years.

He also said service centres in the city's suburbs are dramatically underused. Cutting 13 of 40 employees and putting more services online could save \$824,000 a year, Lalonde said.

Deputy auditor general Ray Kostuch suggested that the city boost use of corporate credit cards. In addition to saving about \$250,000 annually on bookkeeping, the city could collect Air Miles and be eligible for store discounts.

Lalonde's report also said the city could manage con-

Water thief

Responding to a call on the city's hotline for reporting fraud and waste, the auditor's office caught an employee in the city's environmental-services department who'd tampered with a home-water meter so he would get \$3,158 worth of city water for free.

- The employee was fired, charged with violating the city's water bylaw and billed \$320 for a new meter.

tractors better, opening competition for jobs to a wider community and holding weak contractors responsible for shoddy work.

Lalonde said the city could save \$435,000 if it, rather than the contractor, provided policing services for construction sites.



YULE LOVE THE SAVINGS THEY'LL LOVE THE GIFTS

**SAVE
UP TO 75%**
on select luggage



**SAVE
75%**
On ATLANTIC®
Embassy luggage
SEARS REG. 299.99
SALE 74.99



SAVE 70%
on SAMSONITE® Estes luggage
SEARS REG. 279.99
SALE 83.99



SAVE 65%
on HEYS® Attitude luggage
SEARS REG. 369.99
SALE 129.49



SAVE 65%
on ROOTS® expandable
upright spinner
SEARS REG. 249.99
SALE 87.49



SAVE 65%
on DELSEY™ Amherst luggage
SEARS REG. 199.99
SALE 69.99

SALE PRICES IN EFFECT THURS., NOV. 28 UNTIL MON., DEC. 2, 2013
NE114G413 © 2013. Sears Canada Inc.

Sears®

BLACK FRIDAY

ON NOW 5 DAYS ONLY!



SAVE 70%

Sears Signature®
14K diamond
stud earrings
& pendants

0.25 ctw
SEARS REG. \$1000
\$299

0.33 ctw
SEARS REG. \$1500
\$299

0.33 ctw
SEARS REG. \$1500
\$449

0.50 ctw
SEARS REG. \$1650
\$495

0.50 ctw
SEARS REG. \$2350
\$699



0.50 ctw
SEARS REG. \$1650
\$495



1.0 ctw
SEARS REG. \$3350
\$999

SAVE 50%

ALL* JESSICA® DIAMOND,
GEMSTONE, CUBIC
ZIRCONIA & PEARL
JEWELLERY

Reg. priced items only.

SALE PRICES IN EFFECT THURS., NOV. 28 TO
MON., DEC. 2, 2013. Selection varies by store,
while quantities last.

*This savings offer excludes items with prices ending in .97.
Earrings enlarged to emphasize detail and may not be exactly
as shown. All diamond weights are approximate. Does not
include certificate of appraisal.

NE114P413 © 2013. Sears Canada Inc.

Sears®
Make every day a GREAT day.



Ottawa nurse Janique Gagnon helps vaccinate a child in the Central African Republic. CONTRIBUTED

Great suffering, enormous need

**Médecins Sans
Frontières.** Conflict
in the Central African
Republic every bit as
awful as higher profile
humanitarian crises,
says local nurse

DENIS
ARMSTRONG
ottawa@metronews.ca

Janique Gagnon returned from
the Central African Republic on
Oct. 8 "with a heavy heart."

The CHEO nurse had just
spent the last six months on
her first mission with Médecins
Sans Frontières — Doctors
Without Borders — in one of
the most dangerous places on
earth, and though she's glad to
be home with her husband and
two young sons, she wants to
return to the war-torn nation as
soon as possible.

"I knew there was a risk, so
I made it a family decision," Ga-
gnon, a native of Orleans, says.
"If my husband or boys don't
want me to go, I won't. But they
gave me their permission."

They gave their permission
because, despite the obvious
risks, Gagnon's family under-
stood that front-line emergency
work was in her blood.

Before nursing, Gagnon
spent 10 years in the Canadian
military, deployed in Italy as
well as Bosnia-Herzegovina,
where she treated casualties
from Sarajevo while under fire.
Gagnon retired from the mil-



September 2013, when Janique Gagnon went to help conduct an Outreach vaccination day. CONTRIBUTED

itary in 2001.

By then, she was looking
for an opportunity to volunteer
with MSF. The organization
offered her the opportunity
to run a 95-bed hospital in Bo-
guila, Central African Republic
— a jungle village 400 kilo-
metres from the capital, Ban-
gui — in April, only two weeks
after a coup d'état reduced the
tribal country to civil war.

Without blinking an eye,
Gagnon accepted on the spot —
never mind that Seleka rebels
and government forces fought
viciously in the jungle near the
hospital compound.

John Ging, the UN's director
of humanitarian operations,
has described the country as "a
tinderbox that can ignite into
something very, very big and
very, very bad. Half the coun-
try's population of 4.6 million
need humanitarian aid. The
scale of suffering is among the
worst in the world, and it's get-
ting worse."

"I knew the conditions were
bad, but that is why I wanted to
be there, where the need is the
greatest," said Gagnon. "Which
is why I joined MSF, because
they go to those places where

people need medical care the
most, and that's usually a dan-
gerous place."

Gagnon had arrived at the
beginning of the rainy season
when malaria was rampant.
She treated the diseased, the
dismembered and the dying,
witnessing more human deg-
radation than any person
should ever see.

Thanks in part to her front-
line military experience, she
pushed through and focused on
the job. She recalls the day she
stood up to a Seleka colonel, or-
dering him to remove his gun
prior to entering the hospital.

She remembers the day she
cried for the baby that died in
her arms.

"Conditions were hard, but
the people were so grateful we
were there, they didn't want us
to leave," she recalls. "I have a
huge amount of respect for the
people who live there. They
have nothing. They can't even
take care of themselves because
there's nothing."

Gagnon says what they need
most are schools. "Education
leads to change. It's a long pro-
cess, but it has to begin now."

Donate to MSF at msf.ca.

FRIDAY, NOVEMBER 29

TODAY ONLY

IN STORE AND AT THEBAY.COM. FREE ONLINE SHIPPING OVER \$99

See below for details.

75% off
Luggage

Reg. \$160 to \$530 Sale \$40 to \$132.50

Collections include:

WESTJET Vault hard-side and Apollo

SAMSONITE Rhapsody Traveler NXT, Journey, Orchard and Charleston

TRAVELPRO Bold, Elegance, Connoisseur and Travelite

LONDON FOG Coventry, Canterbury, Abbey and Newbury Lites

DELSEY Helium Sky, Contour EZ, Hemisphere and Air Flash

SWISS WENGER Vienna and EVO

RICARDO BEVERLY HILLS Delmar 2

ATLANTIC Embassy

IT New Castle, Lisbon, Protector and Spruce Grove

Canada's #1 seller of luggage

Plus, up to 60% off
other luggage collections

See below for exclusions.



Featured:
WESTJET
Vault hard-side
29" upright.
Reg. \$460
Sale \$115

HUDSON'S BAY



WE CAN OWN
THE PODIUM

\$10 at thebay.com/olympic

\$3.33 from the purchase of every pair is donated to Canadian athletes through the Canadian Olympic Foundation. Exclusively ours

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details.

Luggage collections exclude TUMI, clearance luggage and items with 99¢ price endings. **FREE SHIPPING:** Receive free standard shipping on a total purchase amount of \$99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbecues and mattresses.

Expense scandal. Tories block key Duffy witness

Conservative senators blocked a bid Thursday to have a key figure from the audit firm Deloitte testify about alleged interference into the review of Sen. Mike Duffy's expenses.

The move came as the Senate's internal economy committee heard from three other Deloitte partners about the audit they had done into Duffy's living claims between February and May.

Deloitte's Gary Timm confirmed what had been revealed in a police report last week — that Michael Runia, one of the firm's managing partners, called him to inquire about the

Duffy audit. Runia was not a member of the audit team.

An RCMP court filing last week revealed that Runia made the call at the request of Conservative Sen. Irving Gerstein, who in turn had been prompted by the Prime Minister's Office.

When Liberal Sen. George Furey later moved to have Runia appear to answer questions, Sen. Gerald Comeau, the Conservative chairman of the committee, ruled against him, saying it's not the committee's job to conduct police-style investigations.

THE CANADIAN PRESS

Trail of dust

Comet ISON no match for the sun

Once billed as the comet of the century, Comet ISON probably didn't survive its encounter with the sun.

Scientists said images from NASA spacecraft showed the comet ap-

proaching for a slingshot around the sun on Thursday, but just a trail of dust coming out on the other end.

"It does seem like Comet ISON probably hasn't survived this journey," U.S. Navy solar researcher Karl Battams said in a Google+ hangout.

THE ASSOCIATED PRESS

Workers walk out after colleague's suicide

Halifax. One employee says management harassed Peter MacKenzie to get him to retire sooner



HALEY RYAN
Metro in Halifax

Nearly 200 workers at the Irving Shipyard in Halifax walked off the job Thursday morning after employees said resentment "boiled over" when they learned a co-worker had killed himself following a suspension, and what they say was months of harassment by management.

A shipyard worker who preferred not to give his name said he "almost cried right on the spot" when he heard of Peter MacKenzie's death, whom he said he

worked with for 25 years.

"He was singled out and harassed in many regards," said the man. "We've had enough and it's as simple as that.... It boiled over."

Workers left their jobs around 7:30 a.m., lining both sides of Barrington Street at the bottom of Devonshire Avenue and crossing the street each time the lights changed.

Union president Cliff Pickrem said MacKenzie was suspended for 30 days due to poor workmanship on his scaffolding Tuesday but later heard an engineer say the work was "quite up to standard."

In a statement, Irving said "It is not appropriate to speak about details regarding individual employees."

Halifax RCMP spokesman Cpl. Scott MacRae said they received a suicide call for a home in Eastern Passage on Wednesday at 2:30 p.m. and found a 58-year-old man dead.



Workers at the Halifax Shipyard walked off the job on Thursday after they say a fellow worker killed himself following months of harassment.

HALEY RYAN/METRO IN HALIFAX

Metro reached out to the victim's family, who preferred not to comment.

Tyler Stewart, 29, was among many who said the company has become much harsher and more disciplinary in the last year and half since Irving won the national shipbuilding contract and new management came in.

"A lot of the older gentlemen, they're trying to almost make them retire ... they want to make their lives miserable,"

Stewart said. "Unfortunately it has to come to this to make a better situation."

Pickrem and national union rep Rick Rose came from negotiations just before noon and said Irving's president was flying to Halifax. They told the crowd management understood their frustration, but was asking everyone to continue working.

Many shouted "no way" and left the property, saying they would return Friday.

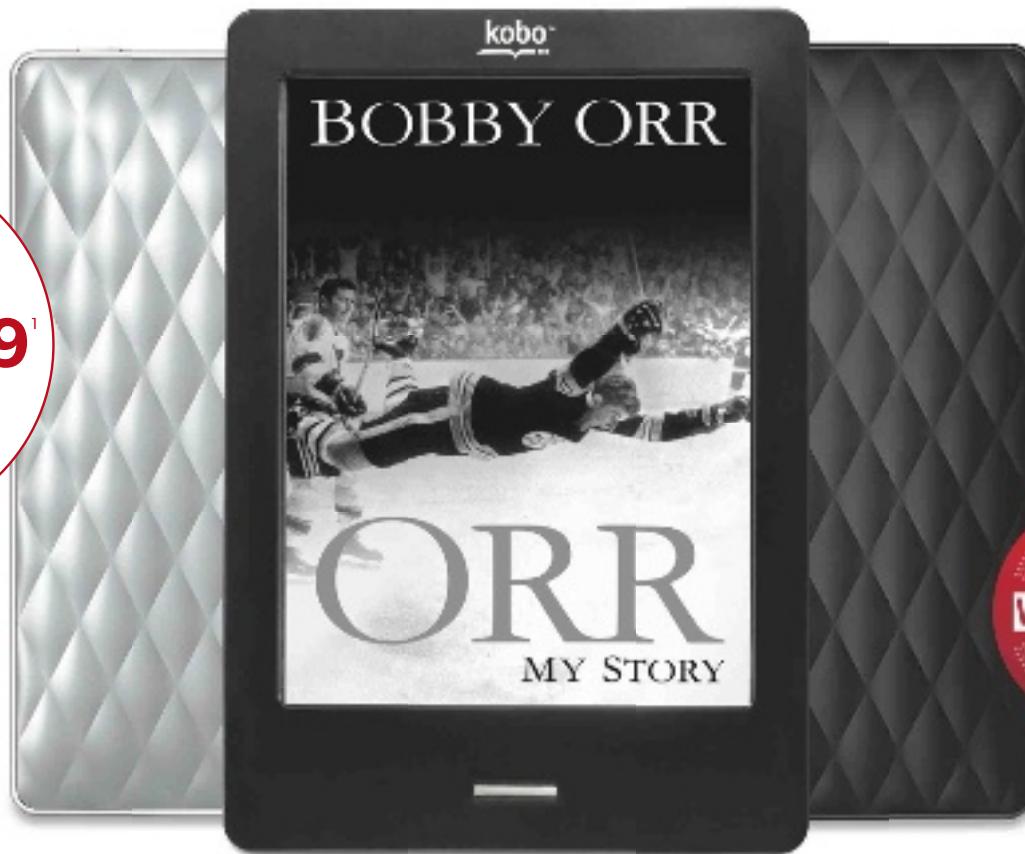
Need a treat, try a cookie. Need relief, try ALEVE.®

This holiday, discover ALEVE® with up to 12 hours of pain relief with the strength of just 1 pill. Visit Aleve.ca for a chance to win \$12,000.

To be sure this product is suitable for you, always read and follow the label. No purchase necessary. Contest ends December 31, 2013. See contest rules at aleve.ca. Bayer and Bayer Cross are registered trademarks of Bayer AG, used under licence. ALEVE® 1 Pill, 12 Hours Strength, 12 Hours Length and Strength to Last Up to 12 Hours are trademarks of Bayer Consumer Care AG, used under licence. Bayer Inc., Toronto, ON M9W 1G6. © Bayer Inc., 2013.

KOBO TOUCH
NOW
\$49.99¹
REG \$99.99

PLUS RECEIVE
A FREE KOBO
eREADER
CLIP LIGHT
\$20 VALUE¹



KOBO TOUCH
The award winning
eReader.

HOT TECH DEALS

IN-STORE² AND ONLINE • ENDS SUN DEC 1ST

iHOME
SINGLE SPEAKER
NOW
\$24.99³
REG \$40



Wireless Bluetooth
speakers with astounding
clarity. Works with your
iPhone, iPad, Android
or blackberry.

ETON
BOOSTBLOC 2000
NOW
\$19.95⁴
REG \$39.95



Superb design. This
innovative rechargeable
battery powers all your
devices on-the-go.
One full charge for
your smart phone.

BEATS PILL
SPEAKER
\$50 OFF⁵
NOW \$169.95
REG \$219.95



Fits-in-the-palm-of-your-hand. The
Beats Pill wireless speaker will blow
you away with its powerful sound.

!ndigo

Chapters

indigo.ca

YOUR ONE STOP MAGICAL HOLIDAY SHOP

¹ IN-STORE AND ONLINE: Offer valid in-store from November 28th – December 1st, 2013; offer valid online from November 28 – December 3rd, 2013; on any in-stock Kobo Touch devices, while quantities last. Offer excludes Kobo Glo, Kobo Mini, Kobo Arc, Kobo Aura HD, Kobo Aura, Kobo Arc 7, Kobo Arc 7HD, and Kobo Arc 10HD models. Kobo eReader Clip Light offer valid while quantities last. Not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. Offer may change or end at any time without notice. TM Kobo Touch is a trademark of Kobo Inc. Additional restrictions may apply. ² iHome Single Speaker, Eton Boostbloc 2000 and Beats Pill speaker are available online and in select stores across Canada. See indigo.ca for details. ³ IN-STORE AND ONLINE: Offer valid until December 2, 2013, or while quantities last. ⁴ IN-STORE AND ONLINE: Offer valid until December 3, 2013, or while quantities last. ⁵ IN-STORE AND ONLINE: Offer valid until December 1, 2013, or while quantities last. Offers in this advertisement are not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. Not valid on kiosk orders. No cash redemption value. Offers may change or end at any time without notice. Price, product selection and availability may vary between stores and online. !ndigo, Chapter and indigo.ca are trade marks of Indigo Books and Music Inc.

Non-believers start their own global church

Our father, who art in England? Atheist collective claims to be the fastest-growing church in the world

 **KIERON MONKS**
Metro World News in London, U.K.

The Sunday Assembly started small in 2012, hosting monthly ceremonies at a deconsecrated church in a chic London, England, suburb. Founded by comedians Sanderson Jones and Pippa Evans, the events sought to combine the warmth of a congregation with irreverent entertainment, featuring songs and life-affirming lectures.

As word spread, the assembly became a community of active participants, inspired by the mantra of "live better, help often, wonder more." The local city council reclaimed their venue, but the assembly, undeterred, found new homes across London, the United Kingdom and beyond, as eager followers joined the movement and founded their own chapters.

Come for the service, stay for the coffee: Standup comedians turned humanist ministers Sanderson Jones and Pippa Evans lead London, England's leading atheist church, the Sunday Assembly. NICK CUNARD/METRO WORLD NEWS

In the past two months, affiliated Sunday Assemblies have opened in 22 cities across five countries.

The creators deny that their idea has become another religion; they say they simply wish to provide the social hub missing in many godless communities. "We are born from noth-

ing and go to nothing. Let's enjoy it together," proclaims the first of their 10 "commandments."

The Sunday Assembly now claims to be "the fastest-growing church in the world," citing a "3,000 per cent growth rate" in the past year. Jones and Evans have spent much of 2013

on tour — from the U.S. Bible Belt to the Australian outback — that will extend the reach further still.

The movement has not been without its critics, and the comedians are frequently heckled in traditionally religious areas, but the concept is now firmly established.



Minister Sanderson Jones addresses the crowd. NICK CUNARD/METRO WORLD NEWS



The congregation at a Sunday Assembly service.

NICK CUNARD/METRO WORLD NEWS

Get up to a \$100 bonus gift¹ on select smartphones.

**PLUS, DOUBLE the data and minutes
for a limited time!²**



Bonus gift offer ends December 31, 2013.

koodo



BLACK^S
www.koodo.ca

FUTURE SHOP

MOBILE SHOP

Walmart

koodo
Shop

(1) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last. (2) See store for details.

Ottawa
Bayshore Shopping Centre
Carlingwood Mall
Les Galeries de Hull
Place d'Orléans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Brockville

Cornwall
Cornwall Square

Kingston
Catarquini Town Centre

BLACK FRIDAY DEALS 4 DAYS ONLY!

NOV 28–DEC 1

BUY 1 GET 1 FREE EVENT
CLEARANCE SHOES NOW 30% OFF THE ORIGINAL PRICE

Buy any item at regular price, get a second like item of equal or lesser value free. Excludes shoes, clearance, and Everyday Low Price items. Additional restrictions apply.

To find a store near you, visit mooresclothing.com

\$199⁹⁹

DESIGNER SUITS
Austin Reed and Guy Laroche
Reg. \$525

\$149⁹⁹

DESIGNER SPORT COATS
Guy Laroche and Tommy Hilfiger
Reg. \$325-\$395

\$59⁹⁹

DESIGNER DRESS PANTS
Calvin Klein and Lauren
Reg. \$149.99

\$129⁹⁹

OUTERWEAR
Calvin Klein
Reg. \$299.99

\$29⁹⁹

DESIGNER NON-IRON DRESS SHIRTS
Guy Laroche, Jhane Barnes,
and Joseph Abboud
Reg. \$89.99

Additional charge for Big & Tall items.

**Buy 1 Tie
Get 2 Free**

Free ties must be of equal or lesser value.

Rabbinic court ruling sets off foreskin fight

Long-standing debate. Uproar follows religious court's penalizing divorced mother for refusing to circumcise son

An Israeli rabbinic court has fined a woman hundreds of dollars for refusing to circumcise her baby son, officials said Thursday, in a landmark case that has sparked a new uproar over the role of religion in the Jewish state.

The case shines a spotlight on a long-running debate over religious coercion in Israel, where generations of leaders have struggled to find a balance between the country's Jewish and democratic character.

The matter ended up in the rabbinic court as part of an ongoing divorce battle. The



Israelis protest in support of a woman who refuses to have her son circumcised. ODED BALILLY/THE ASSOCIATED PRESS

woman announced her refusal to circumcise the boy, saying she did not wish to harm him. The Israeli rabbinate's high court ruled last week the circumcision was for the child's welfare and that the woman must pay the equivalent of nearly \$150 each day she refuses the circumcision.

"The decision is not based

only on religious law. It is for the welfare of a Jewish child in Israel not to be different from his peers in this matter," said Shimon Yaakov, legal adviser to the rabbinical court.

He said it was the first time a religious court in Israel has punished a parent for refusing to circumcise.

THE ASSOCIATED PRESS

Theocracy charge

"(It's) dangerous for democracy.... It turns the government into a theocracy."

Ronit Tamir, anti-circumcision activist. Most Israelis are secular, but founders gave Judaism a formal place in the nation.

RCMP. Cop told not to use medical pot in uniform; force policy under review

The case of a New Brunswick Mountie who's reportedly been told he cannot smoke the drug while in uniform underscores the need for employers to better understand medicinal marijuana, an advocate for medical cannabis said Thursday.

Adam Greenblatt of the Canadian Association of Medical Cannabis Dispensaries, said the RCMP should allow Cpl. Ron Francis to smoke in uniform providing he is not impaired. "If this officer was a diabetic, would they prevent him from using insulin

on the job?" Greenblatt said.

Francis told the CBC that there's no policy in the RCMP that prevents him from smoking his doctor-prescribed marijuana in public or while wearing his uniform. Their report said Francis is assigned to administrative duty. He uses pot to treat post-traumatic stress disorder.

RCMP deputy commissioner Gilles Moreau told CBC Francis should not use marijuana in uniform and the force is reviewing its internal policies on the matter.

THE CANADIAN PRESS

Burnside, Nova Scotia

Jail incident investigated

Police are investigating an alleged assault at the Central Nova Scotia Correctional Facility in Burnside, N.S. that involved two cor-

rections officers.

Halifax police Const. Pierre Bourdages says they received a call Thursday about an assault at the jail. A justice ministry spokesperson confirmed the incident involved two corrections workers. No one was injured. METRO IN HALIFAX

METAL ROOFING AT FACTORY DIRECT PRICING

**LONDON ECO-ROOF
MANUFACTURING INC.**

0% 0 0 \$

INTEREST DEPOSIT PAYMENTS

**PAY ABSOLUTELY NOTHING
UNTIL OCTOBER 2014***

Call to Book Your Free Cost Effective Quote

1.855.838.9393

Tel: 613.838.9393

www.londonecoroof.com

A must see revolutionary roofing system
✓ Zinc galvanized cutting edge technology
✓ Adds curb appeal & lasting value to your home
✓ Available in **Steel** or **Aluminum** in a wide range of colours and profiles

Financing available O.A.C.*

D.I.Y.'s & Contractors Welcome

WARRANTY 55 YEARS BBB CUSTOMER CHOICE #1 METAL ROOFING COMPANY

BLACK FRIDAY

ByWard Style

Friday November 29

Sales | Discounts | Specials
on
Fashion | Food | Health & Beauty

Ottawa Over 3,100 parking spaces in the ByWard Market

Experience the ByWard Difference

www.bward-market.com

ByWardMarketBIA ByWard-Market-Business-Improvement-Area

NOVEMBER 27TH TO DECEMBER 2ND

BLACK FRIDAY

GET TOTAL DISCOUNTS OF UP TO \$10,000[€]

sales event

Five days. One event. Zero time to waste.



Price for 2014 Dodge Grand Caravan Crew Plus shown: \$30,195.[§]

2014 DODGE GRAND CARAVAN CANADA VALUE PACKAGE
CANADA'S BEST-SELLING MINIVAN FOR 30 YEARS

\$19,995[•]



PURCHASE PRICE INCLUDES \$8,100 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*



Price for 2014 Ram 1500 Crew Cab Laramie shown: \$40,190.[§]

THE NEW 2014 RAM 1500 QUAD CAB SXT 4X4

\$26,295[•]



PURCHASE PRICE INCLUDES \$8,500 CONSUMER CASH,* \$1,500 BONUS CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY



Price for 2014 Jeep Cherokee Limited shown: \$29,995.[§]

ALL-NEW 2014 JEEP CHEROKEE SPORT

\$24,495[•]

0% FINANCING[†] FOR 36 MONTHS



GET TOTAL DISCOUNTS OF UP TO \$4,125[€]



Price for 2013 Dodge Journey R/T AWD shown: \$31,640.[§]

2013 ULTIMATE JOURNEY PACKAGE

- Remote start
- ParkView® rear back-up camera
- 3.6 L Pentastar™ VVT V6 with 6-speed automatic
- Uconnect™ hands-free communication with Bluetooth®

PREMIUM SOFT-TOUCH INTERIOR

BEST-IN-CLASS STORAGE[®]

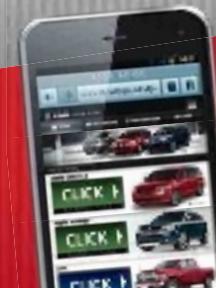
PARKVIEW[®] REAR BACK-UP CAMERA

LARGEST TOUCH-SCREEN IN ITS CLASS[®]

*Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.

**REAL DEALS.
REAL TIME.**

Just go to www.chrysleroffers.ca to easily find special offers, incentives and current inventory from your nearest retailer.



*Based on 2013/2014 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. See retailer for additional EnerGuide details. 2014 Dodge Grand Caravan Canada Value Package – Hwy: 7.9 L/100 km (36 MPG) and City: 12.2 L/100 km (23 MPG). 2014 Jeep Cherokee 4x2 2.4 L-4 Tigershark™ MultiAir® – Hwy: 6.4 L/100 km (44 MPG) and City: 9.6 L/100 km (29 MPG). 2013 Dodge Journey 2.4 L with 4-speed automatic – Hwy: 7.7 L/100 km (37 MPG) and City: 11.2 L/100 km (25 MPG). Wise customers read the fine print: €, *., †, 0, ∞, §. The Black Friday Sales Event offers limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers between November 27 and December 2, 2013. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,595 – \$1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes license, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. \$50,000 in Total Discounts is available on new 2014 Ram 1500 models (excluding Reg Cab) and consists of \$8,500 in Consumer Cash Discounts and \$1,500 in Ram Truck Loyalty/Conquest Bonus Cash. \$4,125 in Total Discounts is available on the new 2013 Dodge Journey R/T model and consists of \$2,000 Consumer Cash Discount, \$1,000 Clearout Cash and \$1,125 in Ultimate Journey Package Savings. See your retailer for complete details. • \$19,995 Purchase Price applies to the new 2014 Dodge Grand Caravan Canada Value Package (29E) and includes \$8,100 Consumer Cash Discount. \$26,295 Purchase Price applies to the new 2014 Ram 1500 Quad Cab SXT 4x4 (25A+AGR) only and includes \$8,500 Consumer Cash Discount and \$1,500 Bonus Cash. \$24,495 Purchase Price applies to the new 2014 Jeep Cherokee Sport 4x2 (24A) only. *Consumer Cash Discounts are offered on select 2013/2014 vehicles and are deducted from the negotiated price before taxes. • \$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before November 1, 2013. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. • 10% purchase financing for up to 36 months available on new 2013 Jeep Compass, Patriot, Dodge Dart, FIAT 500, 2014 FIAT 500L and on new 2014 Jeep Cherokee models to qualified customers on approved credit through Royal Bank of Canada, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2014 Jeep Cherokee Sport 4x2 (24A) with a Purchase Price of \$24,495 with a \$0 down payment, financed at 0% for 36 months equals 78 bi-weekly payments of \$314.04 with a cost of borrowing of \$0 and a total obligation of \$24,495. • Ultimate Journey Package Discounts available at participating retailers on the purchase/lease of a new 2013 Dodge Journey R/T with Ultimate Journey Package (JCES49 28X with AGV, AV1, AS4, GWG). Discount consists of \$1,125 in no-cost options that will be deducted from the negotiated price before taxes. Some conditions apply. See your retailer for complete details. • NO PURCHASE NECESSARY. Contest begins November 27, 2013 at 9:00:00 a.m. ET and ends February 28, 2014 at 11:59:59 p.m. ET. Contest open to legal residents of Ontario who have reached the age of majority at the time of entry. One (1) entry per person. To enter, you must visit any participating Chrysler, Jeep, Dodge and Ram retailer during the contest period and purchase/finance/lease any new 2013, 2012, 2011 or 2010 Chrysler, Jeep, Dodge or Ram vehicle (excluding SRT Viper models). Four (4) grand prizes are available to be won, each consisting of a pair of VIP tickets and trip to watch the 2014 Battle of Ontario in Ottawa on April 12, 2014. Tickets are for April 12 ONLY. Prize includes round trip travel for two and two night's hotel accommodation (if required). Approx. retail value: \$5,000 per prize. Mathematical skill-testing question required. For complete contest rules, including no purchase means of entry, go to: www.chrysleroffers.ca/battleontario. \$2014 Dodge Grand Caravan Crew Plus shown. Price includes Consumer Cash Discount. • Based on Automotive News classification and 2013/2014 Ram 1500 3.6 L V6 4x2 and 8-speed transmission. 11.4 L/100 km (25 MPG) City and 7.8 L/100 km (36 MPG) Highway. Based on 2013 EnerGuide fuel consumption guide ratings published by Natural Resources Canada. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. Ask your retailer for complete EnerGuide information. • Based on R. L. Polk Canada, Inc. May 2008 to September 2013 Canadian Total New Vehicle Registration data for Crossover Segments as defined by Chrysler Canada Inc. • Real Deals. Real Time. Use your mobile device to build and price any model. • Jeep is a registered trademark of Chrysler Group LLC. • The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

Sickweather.com. New iPhone app warns of proximity to disease

Don't expect to find "Bieber Fever" or "drunken stupor" on a new iPhone app that issues real-time alerts when you are approaching a large mass of unwell people.

You can, however, find when you're entering a sick zone rife with asthma, bronchitis, chicken pox, common cold, cough, croup, ear infection, fever, and plenty of other maladies.

Baltimore-based Sickweather.com has just launched an iPhone app that filters through social media comments on Twitter, Facebook and Apple's notification and geofencing technologies to issue real-time notifications on phones, warning of closeness to disease areas.

It's available in the App Store as a free download.

"It's a neat idea," says Abe Oudshoorn, an assistant professor of nursing at The University of Western Ontario in London.

Oudshoorn, who teaches community-health planning,



Heading into a flu-ridden area? A new app could warn. GETTY IMAGES

says he expects this sort of information sharing to grow.

"It's not going to go backwards," Oudshoorn says. "We're not going to see the decline of data. We're going to see continuous new platforms for sharing data."

Oudshoorn says there are now minimal mandatory requirements for the public reporting of health data which creates openings for private sharing of health information.

"We need everyone to be a more active participant in their own health," Oudshoorn says. **TORSTAR NEWS SERVICE**

Migrant crash survivor wants future in Canada

Juan Jose Ariza. He survived a wreck near Stratford, now he's awaiting word from Ottawa on his status



SCOTT TAYLOR

For Metro in London, Ont.

Juan Jose Ariza survived a collision that killed 10 people outside of Stratford in February 2012. He spent the following 18 months in agony willing his broken body to heal in a London long-term care facility.

But the one foe he hasn't been able to beat is the Canadian government.

Not yet, anyway.

Ariza and 12 other migrant workers had finished their shift of vaccinating chickens when their extended van ran

a stop sign and was crushed by a truck driven by a London man, who also died.

Only Ariza and two other workers survived the carnage.

While recovering, Ariza was separated from his wife and young son. His work visa had expired and he wasn't going to be granted another one due to his injuries.

That meant that if he left the country, he would likely not be allowed to re-enter it again. He wanted to bring his wife Edith and son Flavio here on humanitarian grounds because his injuries occurred while working in this country. London North Centre MP Susan Truppe said there's reason to be optimistic about a future for him in Canada. "He hasn't been turned down and the file is still active, so things are moving along well."

SCOTT TAYLOR/METRO LONDON



Juan Ariza with wife Edith and son Flavio. CONTRIBUTED

FREEBIRDS COLOURING CONTEST WINNER

Congratulations to our FREE BIRDS Colouring Contest Grand Prize Winner **Emilio R. from Toronto!**

Emilio and 5 other young artists have won FREE BIRDS prize packs.

A big Thank You to everyone who entered the contest.

VISIT club metro.com TO ENTER

RELATIVITY DISTRIBUTION e one

Bas de Laine et mot coquin wool socks
Made in Quebec from 75% New Zealand Wool and 25% Nylon. Machine washable. Warm, soft, and thin enough to fit in winter boots. Available in fun, vibrant colours.

Stonewall Kitchen Peppermint Bark
Delicious dark chocolate infused with peppermint candy.

Find more great gift ideas in-store!

rainbow foods
The Healthy Choice. For You. For Life.

1487 Richmond Road • 613-726-9200
M-F 8am-8pm; S-S 9am-7pm
For specials, flyers and events, visit rainbowfoods.ca



Yikes! Ever feel like you're being tracked at the mall? Turns out you might be, with retailers turning to technology to track shoppers in a bid to tailor the shopping experience to customers. SEAN GALLUP/GETTY IMAGES FILE

You're not paranoid, stores are spying on you

Online and IRL.

Retailers are tracking your movements using cookies, heat sensors and cellphone signals

Advances in technology have never made tailoring deals to shoppers this holiday season so easy — or so creepy.

Online stores have long-

Focus on technology

CN Rail launches \$10M safety plan

Canadian National Railway Co. says it's investing \$10 million in a special program to enhance its ability to detect equipment defects, such as hot wheels.

THE CANADIAN PRESS

Urgent labour issue

Skills gap needs to be filled: Manley

Former cabinet minister John Manley says Canada needs to fix the labour skills gap before the country lags even further behind internationally. THE CANADIAN PRESS

Random biz fact of the day

75%

75 per cent of job seekers use traditional networking to gather more information about a company.

CAREERBUILDER

He knows what you're buying

"You can't have Christmas any more without big data ... You know that song where Santa knows when you've been sleeping? He knows when you're awake? That's where he's getting his information from."

Jeff Chester, executive director at the Center for Digital Democracy

tracked your movements on the web through cookies. And bricks-and-mortar stores have started tracking you too — ex-

perimenting with heat sensors and monitoring phone signals to see which aisles are most popular. THE ASSOCIATED PRESS

Recommendation. Ban federal instant messaging to preserve message trail

Canada's information watchdog is recommending a ban on instant messaging on federally issued BlackBerrys and other wireless devices because such messages evaporate so quickly, erasing part of the government record.

In a special report to Parliament, Suzanne Legault says instant messages are automatically deleted — usually after 30 days — meaning Canadians can't request them under the Access to Information Act. Legault says a government proposal would "put the right of access at further

Another hit to BlackBerry

Some 98,000 BlackBerry devices have been issued to government institutions.

- But there is no government-wide policy on the use of text-based peer-to-peer forms of communication such as BlackBerry Messenger.

risk" by allowing instant messages to be auto-deleted after three days. THE CANADIAN PRESS

Market Minute



DOLLAR
94.46¢
(+0.08¢)



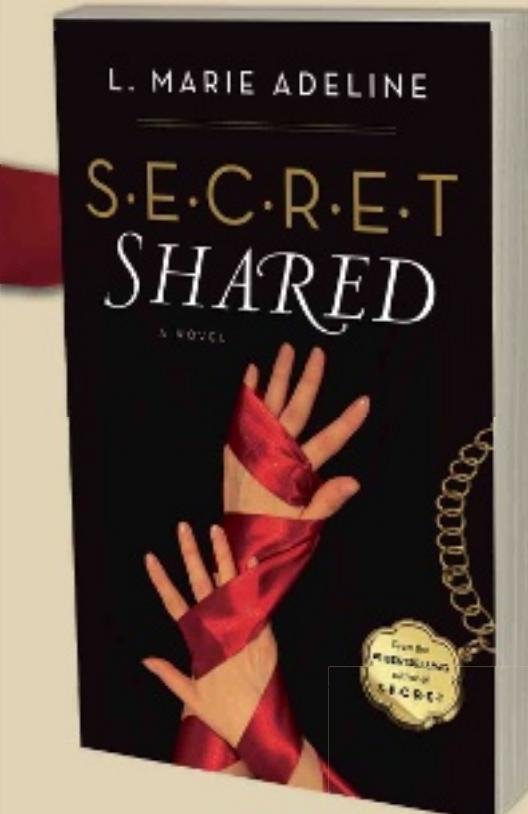
TSX
13,370.83
(+8.77)

Nasdaq and Dow Jones closed for American Thanksgiving.

UNWRAP A HOT PACKAGE THIS HOLIDAY!

Share
S.E.C.R.E.T SHARED

(Your friends will thank you.)



DOUBLEDAY CANADA
www.randomhouse.ca

@lmarieadeline
facebook.com/LMarieAdeline

The sizzling sequel to S.E.C.R.E.T. is here!





Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 20

metronews.ca/temp

Wages

Equal work, equal pay

The Workers Action Centre is campaigning for equal pay as part of its advocacy for workers' rights, which includes approaching politicians and conducting online campaigns.

"Permanent workers are earning a lot more," said centre organizer Sonia Singh. "The typical statistic is that temp workers earn 40 per cent less than permanent workers."

"The government should include in the law that temp-agency workers receive the same wages as permanent workers when they are doing the same work." **MIKE DONACHIE/METRO**



THE CANADIAN PRESS

Race to the bottom

Government jobs no sure thing

Government temp jobs are no longer the coveted positions they used to be. Wages for temp workers in the public sector have fallen by up to 40 per cent since the feds started awarding contracts to the lowest bidder, according to the Association of Canadian Search, Employment and Staffing Services. **METRO**

Temp Figures It All Out

If you came here expecting a happy ending, that's exactly what you're going to get. It's a few months later, I'm now Mrs. Xu, there are twin Xus in the offing, and the twins will be in line to inherit over a billion dollars. I remind myself of this every time I think of the coffee room's Girl Guide chocolate-bar honour box, and how horrified I always was to find out staffers had shortchanged it, and how I paid out the difference from my own pocket.

What about TWK? Don't worry about the old gang — they're doing just fine. The building is now home to Mr. Xu's vanity project (and mine), which is to be the world's largest online retailer of vintage and high-end sneakers. Sarah No. 1 is once again in charge on online marketing development, and Sarah No. 2 is back developing e-commerce strategy. This time, their decisions will have a chance of being implemented and making some kind of difference.

With a slight romantic twist, Sarah No. 3, who I never really got to know, is seeing Kyle, who quit the refinery after a week spent inhaling its magic aromas. Kyle is now getting a full sleeve of ink on each arm and is in charge of "Branding Atmosphere," which means — I'll be honest — I have no idea what, but I'm just so glad he's no longer inhaling oil. I'll always have a soft spot for that loveable lunkhead who kind of flirted



with me, and who I kind of flirted with back when we were both younger and dumber.

The Danimal we now call "The Shaker" because we send him out doing anything that involves old-school middle-management people shaking each

The present is all we have. And really, how does Kate Winslet manage to always drop those pounds?

other's hands: Conferences and land leasing and that kind of stuff. It's a remarkably effective category and he loves it. Dan and Chantelle split up quite amicably. Chantelle and Darren are engaged and living in the gated community together. Chantelle's lips have shrunk and she looks a tiny bit more human and promises not to get more work done.

And the happiest ending of all is for Kurt, the old guy by the stoplight, who now has his own office out by the delivery bay where his main task is to sit, enjoy life and maybe watch the Carpenters on VHS — he refuses to go online.

So maybe you entered this story expecting there to be a Boogeyman — someone who we can yell at, and whack with sticks like a piñata. But there is



An exclusive 20-day feature story by Douglas Coupland

Random biz fact of the day

98%

An overwhelming majority of job recruiters used social media to search for candidates in 2012.

SOURCE: WORKOPOLIS

The clock is ticking



PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

Random fact of the day

The difference between poisonous and venomous animals: "If you bite it and you die, it's poisonous. If it bites you and you die, it's venomous."

SOURCE: WTFFUNFACT.COM

TEMP is... well, temporary

Douglas Coupland's 20-day novella is a pop-up project and will disappear from our website this Monday at 12:01 a.m. EST. If you've missed an instalment, there are still three days to catch up at temp.metronews.ca — before it is gone forever. **METRO**



No blackouts or restrictions. Just travel freedom.
No annual fee for the first year. Plus, get 15,000 bonus points.¹
Apply today.

www.scotiabank.com/travelfreedom

You're richer than you think.[®]

 **Scotiabank** ®*

* Registered trademarks of The Bank of Nova Scotia. [®] American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. ¹ The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by March 31, 2014. The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is \$99 per year for the first card issued on the account; additional cards are charged an annual fee of \$29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Offer applies to new accounts opened by March 31, 2014. Any additional cards must be issued by March 31, 2014, to qualify for the offer. Rates and fees are as of September 1, 2013 and are subject to change without notice.

RON BURGUNDY? COMING TO WINNIPEG

1 Tom Hanks. In the most random moment of 2013 possibly, Hanks showed up at the Grey Cup in Regina. Turns out he was there cheering on the Tiger-Cats with his L.A. pal Martin Short, a Hamilton native. Hanks wore a Ticats toque (and later a Riders toque), hung out with the Sheepdogs and sat in the chilly stands. Can we adopt him as ours?

2 Twitter and Time. This year, Time announced a unique new partnership with Twitter as part of their Person of the Year issue. Users can vote for their choice by tweeting with the hashtag #TIMEPOY. The readers' choice poll ends Dec. 4. So go ahead now and cast your vote for ... Miley?

3 Movember wrap up. I wore my mo proudly this year, and raised over \$1,000 to join Mo's Platinum Club. One of the feel-good stories of this year was three buddies who cycled from Vancouver to Toronto and raised nearly \$100,000 for Movember in their Moustache Ride Across Canada. Amazing guys, amazing cause.

4 @bOringtweets. Who would think that a boring Twitter account would be a hit? But it is. Its nearly 140,000 followers get tweets like "I've just looked at something," "I've



THE METRO LIST

Neil Morton

metronews.ca

just signed for a parcel for next door," and "I hope I dream about cardboard again. That was one crazy dream." I would keep giving you examples, but I have to watch paint dry.

5 Ron Burgundy. Will Ferrell's fictitious Anchorman character will be in Winnipeg this Sunday covering Canada's Olympic curling trials dubbed Roar of the Rings for TSN. They should consider hiring Burgundy permanently: Ratings would go through the roof.

6 Toronto + Bon Jovi = NFL? Toronto football fans were living on a prayer wondering whether their city would ever get an NFL franchise, but thanks to Bon Jovi, that might become a possibility. The rocker is a leading contender to buy the NFL's Buffalo Bills and, with some powerful and rich T.O. friends, move them to the city.

7 Global anchor Katie Couric. No, not for Global News. Couric will now be the global anchor for the resurgent Yahoo. She will start next year and be the "face of Yahoo News," CEO Marissa Mayer wrote in a blog post. In effect, Couric will now be the global ambassador for Yahoo. This move is another example that the future of TV is online.

8 Harvard. The Ivy League school got some negative attention after a video was released asking students: "What is the capital of Canada?" and answers ranged from Vancouver to Ontario. Duh! It's not right, because us Canadians all know the capital of the United States is New York, eh?

9 Social media jobs. A Workopolis study says jobs for social media experts will be obsolete in 10 years as digital natives enter the workforce who are already able to do that work, so having social media skills will no longer be a differentiator for us digital immigrants. Also, we'll soon be able to schedule tweets 10 years in advance so our work here is complete.

10 Paul Bissonnette. You might not have heard of the Canadian NHLer, but his Twitter account @BizNasty2point0 is a riot. His Twitter bio says: "Play in the NHL for the Phoenix Coyotes. Well sort of. Once played in the ECHL for the Wheeling Nailers, seriously, that was the name."

With tweets like "If you ever feel insecure about your looks, go to the Vegas airport and sit at a nickel machine and smoke," this is a gem. 475,000+ followers agree.

Follow The Metro List on Twitter @TheMetroList



ZOOM

Wood you believe it



ANDY WILLSHEER/REX FEATURES

Vintage vehicle created from oak

A man has made a VW Beetle — out of wood.

Momir Bojic from Celinac in Bosnia and Herzegovina has hand-built the impressive Bug with mind-boggling patience, using skilled woodworking to create intricate detailing. Everything from the bonnet to the gearshift has been carved by Momir in his garden workshop. METRO

Slow and steady wins building race

Progress was necessarily slow because of the work's labour-intensive nature.

Momir said: "Some days my wife and I might end up with just two or three rows of pieces on a panel, but this was irrelevant as far as I was concerned because I'm a bit of a perfectionist. Accuracy was far more important than worrying about how long the work was taking." METRO

Wife chips in for hubby's project

Momir, who spent time working at the Volkswagen Transporter manufacturing plant in Hanover, Germany, got some help from his wife Nada.

"I was intending to undertake the task by myself, but after my wife saw the amount of effort involved she felt I was crazy to try and do it all on my own and was happy to offer her assistance in the project." METRO

Motorbike made from locust wood

Momir isn't the only man from Eastern Europe adept at making wooden vehicles.

Istvan Puskas from Tiszaros, Hungary, spent two years building a motorcycle from weather-resistant black locust wood.

Puskas used cow horns as a handlebar and exhaust pipe, and a gasoline engine from an old Fiat. METRO

Terrified of stepping foot in a shopping mall during Black Friday or the rest of the holiday season? There's a beautiful place you can pop into to get your shopping done without the Jingle Bells soundtrack, oversized faux cedar trees or never-ending lineups: The Internet.



ISTOCKIMAGES

Sift:

The site launched about a year ago as a website that mined your email looking for deals and promotions that may interest you. Now, with the help of \$2 million for seed funding, they've launched an iPhone app that lets you shop right from your phone. Wait for their upcoming social function.

Slice:

Not exactly a shopping site, but more

like an online shoppers personal assistant. Slice keeps track of what you buy and lets you know if you're eligible for a price adjustment, recalls, and other things you may want to know about your purchases.

Karmaloop:

Look sharp AND get good deals on trendy new weekend duds from Karmaloop. Site often has promo codes to get your saving started (Black Friday code is BLKLIGHT, FYI).

Comments

RE: Tips On (Cough) Hacking A Cold, by John Mazerolle, published Nov. 28

How about starting by improving your immune system.

I rarely get colds, and I haven't had the flu in 21 years, despite the fact that I work with a lot of people who get sick a lot. Flu shots...? Never.

We are getting too caught up in cleanliness as a society. That's not to say I don't engage in personal hygiene. I just don't subscribe to the

antibacterial everything that society wants us to.

My wife and four-year-old daughter also do not get sick. My daughter has been sick once since she was born. My tips...? If you drop it on the floor, pick it up and eat it. If you cough, cough into your hand. And, eat a pound of dirt a week.

Remember, your immune system is an army, and an army needs practice to fight effectively. Take away its ability to practise, and when real germs come along, it will not be able to fight it, and you'll get sick.

ns_hunter posted to metronews.ca

WE WANT TO HEAR FROM YOU:

Send us your comments: ottawaletters@metronews.ca

CONGRATULATIONS TO THE LUCKY WINNERS

WHO WON THE ULTIMATE
TEMP SURVIVAL KIT!

John S. from Edmonton , AB

Eva L. from Calgary, AB

Sausan S. from Toronto, ON



metro®

Synopsis

The last couple of weeks have offered up the odd little treat at the movies, like an amuse-bouche to get our taste buds primed for the nastier stuff to follow in December. Not only does the 12th month give us Christmas, Boxing Day, Kwanzaa and New Year's Eve, we also get a delicious buffet of great movies. This week the Reel Guys look ahead to the 31 days that sate our appetite for great movies while feeding the voraciously hungry Oscars.

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



The Wolf of Wall Street, starring Leonardo DiCaprio, is one of the films to get excited for this Christmas. CONTRIBUTED

'Tis the season for great films

Ones to watch. The weather outside is frightful, so duck inside to catch one of the movies the Reel Guys are looking forward to

Richard: Mark, people complain that trailers give away too much of the story, but one upcoming movie has been releasing trailer after trailer — usually not a good sign — and has yet to reveal itself. Apparently *The Wolf of Wall Street*, directed by Scorsese (do I have to write his first name? I don't think so) and starring Leonardo DiCaprio and Matthew McConaughey, is going to clock

in at three hours, so no trailer, no matter how long or how many, can give away all the good stuff. All they have done is make me eager to see this stockbroker meltdown story. What's grabbed you?

Mark: I'm looking forward to *The Wolf of Wall Street* too. But I've already decided that *Inside Llewyn Davis*, the new Coen Bros movie about the Greenwich Village folk scene in 1961, will be my favourite movie of the year. Perhaps I should actually SEE the film before making my decision, but I know, Richard, I just know! I've been waiting for someone to make a movie like this for a long time, and who better than the Coen Bros? The trailer looks terrific and Justin Timberlake looks perfect in his orange alpaca car-

digan, not that it would influence my decision in the least.

RC: Timberlake is such a conundrum for me. He's a wildly talented guy whose movies frequently don't work. My fingers are crossed that for him, *Llewyn* is more *Social Network* than *Runner Runner*. *Saving Mr. Banks* is another one I'm looking forward to. I'm a sucker for old Hollywood so the story of *Walt Disney* (played by Tom Hanks) wooing P.L. Travers (Emma Thompson) for the rights to *Mary Poppins* is up my alley. That, and I'd watch Thompson do anything — bake a chicken, read the phonebook or play an uptight spinster.

MB: Here's a guilty pleasure:

Grudge Match, the story of two aging boxers facing off for the first time in 50 years. Since the boxers are played by De Niro and Stallone, it's like a dream mash-up: *Raging Bull* vs *Rocky*! I'm hoping Will Smith gets a dream sequence cameo as Ali. And let's not forget *American Hustle*, David O. Russell's new film about greed, lust, politics, and the Mafia. Sounds like a perfect title.

RC: Three things make me want to see *American Hustle*: the trailers (which are awesome), Christian Bale's beer gut and Jennifer Lawrence's extravagant hairdos.

MB: Wait! Make that De Niro's beer gut and Stallone's hairdo and it's a *Grudge Match*!

visit metronews.ca

Festive finds

Jacquie Lawson
2013 Advent Calendar

iPad Free
This free calendar from popular e-card artist Jacquie Lawson offers a charming animated story every day as a country village, filled with cosy shops and wildlife, prepares for Santa's arrival.



Drama



Philomena

Director: Stephen Frears

Stars: Judi Dench, Steve Coogan

• • • •

We first meet Philomena (Dame Judi Dench) on the 50th birthday of the son she never got to know. Born out of wedlock in 1950s Ireland, her boy was whisked away from the Magdalene Laundries where they lived, and was adopted by an American couple. Her story finds its way to Martin Sixsmith (Steve Coogan), a jaded journalist who thinks Philomena's past is too good to be ignored. Philomena carefully treads a line between touching and humourous, building a story of heartache and loss without ever being maudlin.

RICHARD CROUSE

Never put your dreams on ice

Frozen. Josh Gad was ready to give up on making it in show biz when his mother offered him some wise advice

RICHARD CROUSE
scene@metronews.ca

Josh Gad, the voice of Olaf the optimistic snowman in the new Disney animated film *Frozen*, thanks his mom for some very well timed advice. "My mother, God bless her," he says, "allowed me to keep dreaming."

The story starts in 1993.

"I was sitting in a dark theatre watching *Aladdin*," he says. "Robin Williams is playing this insane genie character. I'm on the floor, as is the rest of the audience, and I looked over at my mom and said, 'I want to do that one day,' meaning, I want to be the comedic relief sidekick in one of these Disney films."

Cut to a decade later.



Josh Gad plays Olaf, the optimistic snowman in *Frozen*, which is playing in theatres now. CONTRIBUTED

this for 15 years, but you are only allowing yourself to live out your dream for three years and I think that is unfair to yourself. It was very startling to hear her say that."

"A week later I got my first big break on Broadway doing a show called *The 25th Annual Putnam County Spelling Bee*. I guess it was at that time I realized I was going to be OK.

"Book of Mormon was the

point at which I realized I had reached a new level. That I had made it. I wasn't a working actor anymore, I was an actor who was a part of something very special and that would allow and afford me more opportunities to do what I had dreamed of."

Those opportunities include starring in TV shows like *1600 Penn* and movies like *Jobs*, and, of course, making his dream from 1993 come true with *Frozen*.

"To get that phone call, saying, you are that guy," he says, "I had to hold the phone down because I was sobbing with joy."

Olaf, his comedic sidekick snowman, already has at least one fan — Gad's young daughter.

"She was two-and-a-half when I took her to see her very first movie in a movie theatre, which was *Monsters University*. The teaser for *Frozen*, which featured just my laugh [played before the movie].

"Off of that laugh she turned to me and said, 'More dada. I want more dada.' I had to turn away from her because I was embarrassed by the tears."



"TERRIFIC!
JASON STATHAM
AT HIS BEST!"
- PETE HAMMOND / MOVIELINE

JASON STATHAM JAMES FRANCO WINONA RYDER KATE BOSWORTH
HOMEFRONT

ENDGARD

DOLBY

HILLIUM

f/VVSFilms

"ONE OF THE BEST ACTION FILMS OF THE YEAR!"
- TWITCHFILM.COM / CTV NEWS CHANNEL

NOW PLAYING!

CHECK THEATRE DIRECTORY
FOR LOCATIONS AND SHOWTIMES14A COARSE LANGUAGE
BRUTAL VIOLENCE
SUBSTANCE ABUSE

Star Wars fans find a new hope at casting call

Lining up in London. U.K. hopefuls had their chance to impress on the weekend, most left with dreams dashed

KIERON MONKS
Metro World News in London

To a rugby stadium far, far away they flew in their masses, bright-eyed and buzzing with the opportunity before them, to achieve immortality by landing a part in the most successful film franchise ever. When Star Wars auditions beamed down to a drab southwest London suburb — on a frozen morning, this past Sunday — true believers answered the call.

They needed belief to respond to a brief demanding "beautiful, smart and athletic" characters: a girl to play a 17-18-year-old, and a boy 19-23. A casting spokesperson had starkly re-enforced the mes-



A group of hopeful drama students wait in line for an open Star Wars casting call on Sunday. KIERON MONKS/METRO

sage, "If you don't fit the brief don't come — you're ruining it for others."

But semi-rational hope — and the knowledge that Luke Skywalker himself, Mark Hamill, had been cast as an unknown — ensured that queues stretched around Twickenham Stadium when the audition tents opened at 11 a.m. They had grown to several thousand since the earliest arrivals before 6 a.m.

Tension built toward the front, a hotbed of motivational psychology. "I feel I meet the brief enough to give it a shot," says Nathan Maccauley, a student originally from San Francisco. He had identified a "competitive vibe", but felt that his knowledge of the series could provide an edge. "It's full of strong characters that stay true to themselves when they are pulled in different directions."

The competition was shown

when dancer Freddy crashes our interview, bouncing with the nervous energy of a caffeine rush. "I'm doing this to challenge myself," she says. "I normally do theatre and music videos, but I'll do anything. I'm not fazed."

Further back, later arrivals had been herded into a pen. "It took three trains to get here," explains Colby, a musician with teeth filed to vampire points. A lifelong Star Wars fan, he said that bounty hunter Boba Fett was the best character in the series as subtle acting was "drowned" by the special effects.

Journey times ran into days and the queue demanded several hours, but applicants passed through the blue audition tents in minutes. "They just asked me my age and what experience I had, but it was all about looks," an unsuccessful boy said bitterly, adding that no refreshments or toilet facilities had been provided during his ordeal — Hollywood glamour in short supply.

When grandma wants an autographed photo

Out of the Furnace.

Zoe Saldana's latest role has her working with some heavyweights — and her family is proud



NED
EHRBAR

Metro World News in Hollywood

Zoe Saldana is in some pretty good company in *Out of the Furnace*, co-starring alongside Christian Bale, Forest Whitaker, Woody Harrelson, Casey Affleck, Willem Defoe and Sam Shepard in director Scott Cooper's follow-up to *Crazy Heart*. Just don't expect her to watch it more than twice.

It's quite the impressive ensemble in this. Who was already on board when you joined the cast?

Christian was already on

board, Sam Shepard was already on board, then everybody else was still up in the air. But they were the names that were mentioned. Casey was almost a yes, I believe. So when I heard these names I really prayed that it was going to be everybody that joined the cast because those are actors that I've always wanted to work with. And to actually have them all together, it's like having pizza, cheeseburgers and ice cream at the same time (laughs).

Some actors can't stand watching their own films. How about you?

I only have it in me for maybe two screenings, and then after that I can't do it. I like to see it and feel very happy for everything first, then the second time you're watching it and you're paying attention to what everybody's doing, and then after

the third time it's going to be about everything else — "Oh, my hair ... " "Did they have to use this take? There was another take that was so good." After the third screening you just can't watch it anymore. You revisit it every two or three years when a family member forces you to sit down with them and watch it while they hold your hand. Which is what happens to me and my grandma.

You have to give them a little leeway because it's family.

Yeah. Like my poor grandma, she's been asking me to give her an autograph since I did *Center Stage* 15 years ago, and I'm not going to write my grandmother an autograph. That's just ridiculous. I'm not going to sign my name on a picture of myself and go, "Here, Grandma!" It's just uncomfortable.



Zoe Saldana stars in *Out of the Furnace*, which opens next Friday. CONTRIBUTED

"ONE OF THE BEST MOVIES OF THE YEAR."

RICHARD ROEPPER, CHICAGO SUN-TIMES

"A REAL OSCAR® CONTENDER"

JEFFREY LYONS, WCBS RADIO



www.thebookthief.com

©2013 Twentieth Century Fox

NOW PLAYING!

Check theatre directory or go to www.tribute.ca for locations and showtimes

"RIVETINGLY INTENSE! MESMERIZING."

-Owen Gleiberman, *Entertainment*

"AMAZING! STUNNING! MIND-BLOWING!"

-Jami Philbrick, *I Am Rogue*

"A WILD, DISTURBING, AND UNPREDICTABLE RIDE."

-Jonathan Robbins, *FilmComment*

ASK NOT WHY YOU WERE IMPRISONED
ASK WHY YOU WERE SET FREE

JOSH BROLIN

Oldboy

A SPIKE LEE FILM

NOW PLAYING

Check Theatre Directory for Showtimes.

CINEPLEX ENTERTAINMENT
SILVERCITY GLOUCESTER

LANDMARK CINEMAS
OTTAWA 7



THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 29 TO THURS., DEC. 5 TIMES ARE SUBJECT TO CHANGE.

**Bytowne Cinema
325 Rideau St.**

The Attack (14A) Wed 6:40 Thu 4:30
Cannes International Advertising Festival (STC) Tue 8:59
Haute Cuisine (PG) Sun 6:30 Mon 4:45
Philomena (PG) Fri 9:10 Sat 4:40-6:55 Sun 4:15 Mon-Tue 6:50 Wed 4:30 Thu 8:45
Short Term 12 (14A) Fri 6:55 Sat 9:10 Sun 2:01-8:35 Mon 8:59 Tue 4:40
Vic & Flo Saw a Bear (14A) Fri 4:45 Sat 2:30

**Canadian Film Institute
2 Daly Ave., Suite 120**

Bajir: Gypsy Barcelona (STC) Fri 9:15
The Dream Team (STC) Fri 7
The Giants (STC) Sat 9
God Loves Caviar (STC) Sat 7
Jackie (STC) Sun 7
No Films Showing Today (STC) Mon-Thu

**Canadian Museum
of nature
240 McLeod St.**

Dinosaur Passage to Pangaea 3D (STC) Sat-Sun 10:30-1:10 Sat-Sun 11:15-1:50
Flying Monsters 3D (G) Sat-Sun 12-2:30-3:40 Sat-Sun 12:35-3:05
No Films Showing Today (STC) Fri Mon-Thu

**Coliseum Ottawa
3090 Carling Ave.**

The Book Thief (PG) Fri 1:10-4:10-7:10-10:20 Sat 10:20-1:10-4:10-7:10-10:20 Sun 1:10-4:10-7:10-10:20 Mon-Thu 4:10-7:10-10:20 Star & Strollers Screening Thu 1
Bullets Raja (PG) No Passes Fri-Sun 12:50-4:7:15-10:30 No Passes Mon-Wed 4:7:15-10:30 Passes Thu 1:05-4:7:15-10:30
Delivery Man (PG) Fri-Sun 12:20-2:50-5:20-8-10:40 Mon-Wed 5:20-7:55-10:35

Thu 1:30-4:20-10:35
Die Hard (14A) Thu 7
Frozen (G) No Passes Fri 1:25-4:15-6:50
No Passes Sat 10:30-1:25-4:15-6:50 No Passes Sun 1:25-4:15-6:50 No Passes Mon-Thu 4:15-6:50 Star & Strollers Screening, No Passes Thu 1
Frozen 3D (G) No Passes Fri-Sun 12:35-5:15-7:50-10:25 No Passes Mon-Wed 5:15-7:50-10:25 No Passes Thu 1:15-5:15-7:50-10:25
Homefront (14A) Fri 12:40-3:10-5:45-8:20-10:50 Sat 10:10-12:40-3:10-5:45-8:20-10:50 Sun 12:40-3:10-5:45-8:20-10:50 Mon-Wed 5:30-8:05-10:35 Thu 1:10-5:30-8:05-10:35
The Hunger Games: Catching Fire (PG) No Passes Fri 12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 No Passes Sun 11-12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 No Passes Sun 12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 No Passes Mon-Wed 5:15-6:15-6:45-8:15-9:30-10 No Passes Thu 1:35-5:6:15-8:15-9:30-10 No Passes Fri 1-4:15-7:30-10:45 No Passes Sat 10-1:45-7:30-10:45 No Passes Sun 1-4:15-7:30-10:45 No Passes Mon-Thu 4:15-7:10-10:30
Jackass Presents: Bad Grandpa (14A) Fri-Wed 9:30 Thu 1:25-9:30
The Metropolitan Opera: The Nose - Encore (STC) Sat 12
Pipes & Sticks on Route 66 (PG) Sun 12:30 Ram-Leela (PG) Fri-Sat 12:10-3:30-6:55-10:10 Sun 3:50-6:55-10:10 Mon-Wed 6:20-9:50 Thu 1:30-9:50 Thor: The Dark World (PG) Fri 1:40 Sun 1:40 Thu 1:20 Thor: The Dark World 3D (PG) Fri-Thu 4:30-7:20-10:05

12 Years a Slave (14A) Dolby Stereo Fri 6-9 Dolby Stereo Sat-Sun 12-3-6-9 Dolby Stereo Mon 6-9 Dolby Stereo Tue 3-6-9 Dolby Stereo Wed-Thu 6-9 The Book Thief (PG) Dolby Stereo, No Passes Fri 6:45-9:45 Dolby Stereo, No Passes Sat-Sun 12:45-3:45-6:45-9:45 Dolby Stereo, No Passes Mon 6:45-9:45 Dolby Stereo, No Passes Tue 3:45-6:45-9:45 Dolby Stereo, No Passes Wed-Thu 6:45-9:45 Dallas Buyers Club (18A) Dolby Stereo, No Passes Fri 7-9:45 Dolby Stereo, No Passes Sat-Sun 1-4-7-9:45 Dolby Stereo, No Passes Mon 7-9:45 Dolby Stereo, No Passes Tue 4-7-9:45 Dolby Stereo, No Passes Wed-Thu 7-9:45 Delivery Man (PG) Dolby Stereo Fri 6:50-9:50 Dolby Stereo Sat-Sun 12:50-3:50-6:50-9:50 Dolby Stereo Mon 6:50-9:50 Dolby Stereo Tue 3:50-6:50-9:50 Dolby Stereo Wed-Thu 6:50-9:50 The Hunger Games: Catching Fire (PG) No Passes Fri 12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 Dolby Stereo Fri 7-8:30-9:45-10:15 No Passes Sat 11-12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 No Passes Sun 12-12:30-2-3:15-3:45-5:15-6:30-7:8:30-9:45-10:15 No Passes Mon-Wed 5:15-6:15-6:45-8:15-9:30-10 No Passes Thu 1:35-5:6:15-8:15-9:30-10 No Passes Fri 1-4:15-7:30-10:45 No Passes Sat 10-1:45-7:30-10:45 No Passes Sun 1-4:15-7:30-10:45 No Passes Mon-Thu 4:15-7:10-10:30
Jackass Presents: Bad Grandpa (14A) Fri-Wed 9:30 Thu 1:25-9:30
Oldboy (18A) Dolby Stereo Fri 6:15-9:15 Dolby Stereo Sat-Sun 12:15-3:15-6:15-9:15 Dolby Stereo Mon 6:15-9:15 Dolby Stereo Tue 3:15-6:15-9:15 Dolby Stereo Wed-Thu 6:15-9:15 Thor: The Dark World (PG) Dolby Stereo Fri 6:45-9:45 Dolby Stereo Sat-Sun 12:45-3:45-6:45-9:45 Dolby Stereo Mon 6:45-9:45

**Mayfair Theatre
1074 Bank St.**

The Beyond (STC) Fri 11:45 Sun 8:45 Fight Like Soldiers, Die Like Children (PG) Wed 7

Lee Daniels' The Butler (14A) Fri 7 Sat-Sun 6 Mon 7 Tue 9:30 The Punk Syndrome (STC) Fri 9:45 Sat 8:45 Runner Runner (14A) Mon 8:45 Wed-Thu 9:30 Super Secret Saturday Night Cinema (STC) Sat 10:45 Warren Miller's Ticket to Ride (STC) Thu 6:30

Thru 11:20-2-10:4-5:10-7:30-10:05 Free Birds (G) Fri-Thu 10:35-12:40-2:50-5:7:15 Frozen (G) No Passes Fri-Thu 10:40-1:15-3:50-6:20 Frozen 3D (G) No Passes Fri-Thu 11:25-2:05-4:40-7:20-9:55 Gravity 3D (PG) Fri-Thu 12:20-2:35-5:05-7:35-9:50 Homefront (14A) Fri-Thu 12:10-2:40-5:15-7:50-10:20 How to Train Your Dragon (PG) Sat 11 The Hunger Games: Catching Fire (G) No Passes Fri-Thu 10:30-11:30-12-12:30-1:30-2:45-3:15-3:45-4:45-6-6:30-7-8:9-15-9:45-10:15 Last Vegas (PG) Fri-Thu 9 The Metropolitan Opera: The Nose - Encore (STC) Sat 12 Thor: The Dark World (PG) Fri 10:50-1:40 Sun-Thu 10:50-1:40 Thor: The Dark World 3D (PG) Fri-Thu 4:25-7:25-10:10

**Canadian Museum
of civilization
100 rue Laurier**

All Is Lost (PG) Fri-Thu 10:10-6:45-9 Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 10-12:05-2:15-4:30 The Counselor (14A) Fri-Thu 10:40-1:10-4:6-50-9:15 Despicable Me 2 (G) Fri-Thu 12:20-2:25-4:35 Escape Plan (14A) Fri-Thu 12:15-4:40-9:05 The Impossible (PG) Sat 7 Jackass Presents: Bad Grandpa (14A) Fri-Sat 10:20-2:40-7:05 Sun-Mon 2:40 Tue 10:20-2:40-7:05 Wed 2:40 Thu 10:20-2:40-7:05 Open Captioned Sun-Mon 10:20-7:05 Open Captioned Wed 10:20-7:05 Lee Daniels' The Butler (14A) Fri-Thu 10:05-7:25 Monsters University (G) Fri-Thu 12:40-2:50-5:05 Rush (14A) Fri 6:35-9:10 Sat 9:10 Sun-Thu 6:35-9:10

**South Keys
2214 Bank St.**

The Book Thief (PG) Fri 10:25-1:20-4:10-7:05-10 Sat 1:20-4:10-7:05-10 Sun-Thu 10:25-1:20-4:10-7:05-10 Captain Phillips (14A) Fri-Thu 9:30 Delivery Man (PG) Fri 11:20-2:10-4:50-7:30-10:05 Sat 2:10-4:50-7:30-10:05 Sun-7:05-10

Cinéma des**Galeries d'Aylmer
400 boul. Wilfrid-Lavigne**

Les Beaux Jours (G) Fri 1 Wed 7 Delivery Man (G) Fri-Sun 3:30-7:10-9:30 Mon 7:10-9:30 Frozen 3D (STC) Fri-Sun 12:50-6:50-9:10 Mon 6:40 Tue 12:50-6:50-9:10 Wed-Thu 6:50-9:10 The Hunger Games: Catching Fire (G) Fri-Sun 12:40-3:40-6:40-9:40 Mon 6:40 Tue 12:40-3:40-6:40-9:40 La Reine des Neiges 3D (STC) Fri-Sun 12:50-6:50-9:10 Tue 12:50-6:50-9:10 Thor: The Dark World (G) Fri-Sun 1-3:20-7:9:20 Mon 7 Tue 1-3:20-7:9:20 Wed-Thu 7:9:20

**Gatineau 9
120 boul. de l'Hôpital**

Dallas Buyers Club (13+) Fri-Sun 12:20-6:45 Mon 6:45 Tue 12:20-6:45 Wed-Thu 6:45 Fri-Sun 3:9:20 Wed-Thu 9:20 Donneur anonyme (G) Fri-Sun 1:25-4:05-7:05-9:40 Mon 7:05-9:40 Tue 1:25-4:05-7:05-9:40 Wed-Thu 7:05-9:40 Le Démantèlement (G) Fri-Sun 1:10-3:45-7:20-9:45 Mon 7:20-9:45 Tue 1:10-3:45-7:20-9:45 Wed-Thu 7:20-9:45 Homefront (13+) Fri-Sun 3:50-9:05 Mon 9:05 Tue 3:50-9:05 Wed-Thu 9:05 The Hunger Games: Catching Fire (G) Fri-Sun 12:30-9:25 Mon 9:25 Tue 12:30-9:25 Wed-Thu 9:25 Hunger Games: Lèmbrasement (G) Fri 10:30-12:15-3:20-3:30-6:30-7-9:50 Sat-Sun 12:15-3:20-3:30-6:30-7-9:50 Mon 6:30-7-9:50 Tue 12:15-3:20-3:30-6:30-7-9:50 Wed-Thu 6:30-7-9:50 Protection (13+) Fri-Sun 1:15-6:45 Mon 6:45 Tue 1:15-6:45 Wed-Thu 6:45



30% OFF[‡]
ALL GE® AND HOME ACCENTS
HOLIDAY LIGHTS



BLACK FRIDAY
EVENT **STARTS FRIDAY, NOVEMBER 29, 2013**
While quantities last. Sorry, no rain checks.

SPECIAL BUY
SAVE 25%
\$14.90 each/
WAS \$19.87
32" Burlap
Artificial Potted Tree
A. Pine (1000741133)
B. Snowy Pine (1000741140)



SPECIAL BUY
\$29.88
Set of 2 42" Pre-Lit
Artificial Potted
Trees (1000686282)

SPECIAL BUY
\$29.88
6' Pre-Lit Artificial
Aspen Porch Tree
(1000661751)



SPECIAL BUY
\$34.98
4-Piece Pre-Lit Artificial
Porch Trees, Wreath
and Garland Set (1000653736)



La reine des neiges (G) Fri-Sun 3:40
Tue 3:40
La reine des neiges 3D (STC) Fri-Sun 1:7-10-9:35 Mon 7:10-9:35 Tue 1:7-10-9:35 Wed-Thu 7:10-9:35
Thor: Un monde obscur 3D (G) Fri-Sun 1:20-4-7:15-9:40 Mon 7:15-9:40 Tue 1:20-4-7:15-9:40 Wed-Thu 7:15-9:40
La voleuse de livres (G) Fri-Sun 12:45-3:35-6:50-9:30 Mon 6:50-9:30 Tue 12:45-3:35-6:50-9:30 Wed-Thu 6:50-9:30

StarCité Hull

115 boul. du Plateau

The Book Thief (G) Fri-Sun 1-4-7-10
Mon 7-10 Tue 1-4-7-10 Wed-Thu
7-10

Delivery Man (G) Fri-Sun 12:15-2:45-
5:15-7:45-10:15 Mon 7:45-10:15 Tue
12:15-2:45-5:15-7:45-10:15 Wed-Thu
7:45-10:15

Dragons (G) Sat 11

Le Démantèlement (G) Fri 11:35-
2:10-4:45-7:20-9:55 Sat 4:45-7:20-9:55
Sun 11:35-2:10-4:45-7:20-9:55 Mon
7:20-9:55 Tue 11:35-2:10-4:45-7:20-
9:55 Wed 7:20-9:55 Thu 9:55

Frozen (G) No Passes Fri-Sun 11:30-
2:05-4:40-7:15-9:50 No Passes Mon
7:15-9:50 No Passes Tue 11:30-2:05-
4:40-7:15-9:50 No Passes Wed-Thu
7:15-9:50

Homefront (13+) Fri-Sun 1-3:25-
5:50-8:15-10:40 Mon 8-10:25 Tue
12:45-3:10-5:35-8-10:25 Wed-Thu
8-10:25

How to Train Your Dragon (G) Sat 11

The Hunger Games: Catching Fire
(G) No Passes Fri-Sun 12-12:30-3:15-
3:45-6:30-7:9-45-10:15 No Passes
Mon 6:15-6:45-9:30-10 No Passes Tue

11:45-12:15-3-3:30-6:15-6:45-9:30-10
No Passes Wed-Thu 6:15-6:45-9:30-10
No Passes Fri-Sun 1:45-7:30-10:45
No Passes Mon 7:15-10:30 No Passes
Tue 12:45-7:15-10:30 No Passes
Wed-Thu 7:15-10:30 Star & Strollers
Screening, No Passes Thu 1:30
Hunger Games: L'embrasement (G)
No Passes Fri-Sun 12:15-12:45-3:30-
4:65-7:15-10:30 No Passes Mon
6:30-7:9-45-10:15 No Passes Tue 12-
12:30-3:15-3:45-6:30-7:9-45-10:15 No
Passes Wed-Thu 6:30-7:9-45-10:15
Last Vegas (G) Fri-Thu 9:25
The Metropolitan Opera: The Nose -
Encore (STC) Sat 12:55
Mission Dindons (G) Fri-Sun 12:25-
2:40-4:55-7:10 Mon 7:10 Tue 12:25-
2:40-4:55-7:10 Wed-Thu 7:10
Oldboy (16+) Fri-Sun 12:35-3:05-
5:35-8:05-10:35 Mon 7:50-10:20 Tue
12:20-2:50-5:20-7:50-10:20 Wed-Thu
7:50-10:20
La reine des neiges (G) No Passes
Fri-Sun 12 No Passes Tue 12 No
Passes Thu 1
La reine des neiges 3D (STC) No
Passes Fri-Sun 2:35-5:10-7:45-10:20
No Passes Mon 7:45-10:20 No Passes
Tue 2:35-5:10-7:45-10:20 No Passes
Wed-Thu 7:45-10:20
Thor: The Dark World (G) Fri-Sun
12:10 Tue 12:10
Thor: The Dark World 3D (G) Fri-Sun
2:40-5:10-7:40-10:10 Mon 7:40-10:10
Tue 2:40-5:10-7:40-10:10 Wed-Thu
7:40-10:10
Thor: Un monde obscur (G) Fri-Sun
11:40 Tue 11:40
Thor: Un monde obscur 3D (G)
Fri-Sun 2:10-4:40-7:15-9:45 Mon
7:10-9:40 Tue 2:10-4:40-7:10-9:40
Wed-Thu 7:10-9:40
Violette (STC) Fri-Sun 12:45-3:45-

6:45-9:45 Mon	6:45-9:45 Tue	12:45-3:45
6:45-9:45 Wed-Thu	6:45-9:45	
Barrhaven Cinemas		
131 RioCan Dr.		
Delivery Man (PG) Fri	7:30-10:10	
Sat-Sun 11:40-2:10-4:50-7:30-10:10		
Mon-Thu 5:10-7:40		
Frozen (G) No Passes Sat-Sun 11:30-2:05		
Frozen 3D (G) No Passes Fri 7:20-9:55		No Passes Sat-Sun 4:45-7:20-9:55
No Passes Mon-Thu 5:15-7:45		
Gravity 3D (PG) Fri 7:25-9:40		Sat-Sun 12:20-2:50-5:10-7:25-9:40
Mon-Thu 5:20-7:35		Mon-Thu 5:20-7:35
Homefront (14A) Fri 7:50-10:25		
Sat-Sun 12:10-2:40-5:15-7:50-10:25		
Mon-Thu 5:15-7:50	Star & Strollers	
Screening Thu 1		
How to Train Your Dragon (PG)		
Sat 11		
The Hunger Games: Catching Fire (PG)		No Passes Fri 6:15-7:9:30-10:15
No Passes Sat-Sun 11:30-12:30-2:45-3:45-6:15-7:9:30-10:15		No Passes
Mon-Thu 4:45-7:8	Star & Strollers	
Screening, No Passes Thu 1		
Thor: The Dark World (PG) Sat-Sun 1:50		
Thor: The Dark World 3D (PG) Fri 7:10-9:50		Sat-Sun 4:30-7:10-9:50
Mon-Thu 5:7:50		
SilverCity, 2385 City Park Dr.		
12 Years a Slave (14A) Fri-Thu	12:55-4:05-7:15-10:20	
About Time (14A) Fri-Thu	9:35	
The Book Thief (PG) Fri-Thu	12:50-4:7-05-10:05	
Delivery Man (PG) Fri-Tue	11:50-2:25-5:05-7:45-10:30	Wed 5:05-7:45

10:30 Thu 11:50-2:25-5:05-7:45-10:30
Star & Strollers Screening Wed 1
Die Hard (14A) Thu 7
Ender's Game (PG) Fri-Thu 1:20-6:50
Frozen (G) No Passes Fri 1:40-4:20-
6:55 No Passes Sat-Sun 11:05-
1:40-4:20-6:55 No Passes Mon-Thu
1:40-4:20-6:55
Frozen 3D (G) No Passes Fri-Sat
11:55-2:35-5:15-7:55-10:35 No Passes
Sun 2:35-5:15-7:55-10:35 No Passes
Mon-Thu 11:55-2:35-5:15-7:55-10:35
Gravity 3D (PG) Fri 12:25-2:50-5:10-
7:40-10 Sat 5:10-7:40-10 Sun-Thu
12:25-2:50-5:10-7:40-10
Homefront (14A) Fri-Thu 12:35-3:10-
5:45-8:20-10:50
How to Train Your Dragon (PG)
Sat 11
The Hunger Games: Catching Fire
(PG) No Passes Fri 12-12:30-2:10-
2:45-3:15-3:45-5:25-6:6:30-7-8:45-
9:15-9:45-10:15 No Passes Sat
10:55-11:30-12-12:30-2:10-2:45-
3:15-3:45-5:25-6:6:30-7-8:45-
9:15-9:45-10:15 No Passes Sun
11:30-12-12:30-2:10-2:45-3:15-3:45-
5:25-6-6:30-7-8:45-9:15-9:45-10:15
No Passes Mon-Thu 12-12:30-2:10-
2:45-3:15-3:45-5:25-6-6:30-7-8:45-
9:15-9:45-10:15
The Hunger Games: Catching Fire
— The IMAX Experience (PG) No
Passes Fri-Thu 1-4:15-7:30-10:45
Last Vegas (PG) Fri-Thu 4:10-9:40
The Metropolitan Opera: The Nose -
Encore (STC) Sat 12
Oldboy (18A) Fri-Thu 12:20-3-5:30-
8:05-10:40
Philomena (PG) Fri-Tue 12:10-2:40-
5:20-7:50-10:25 Wed 5:20-7:50-10:25
Thu 12:10-2:40-5:20-7:50-10:25 Star
& Strollers Screening Wed 1
Thor: The Dark World (PG) Fri-Thu

1:35	Digital, No Passes Mon 6:45-9:40
Thor: The Dark World 3D (PG) Fri-Wed 4:25-7:20-10:10 Thu 4:25-10:10	Dolby Stereo Digital, No Passes Tue 12:30-3:45-6:45-9:40 Dolby Stereo Digital, No Passes Wed-Thu 6:45-9:40
Landmark Theatres Orleans 6 Cinemas 3752 Innes Rd.	Homefront (14A) Digital, Dolby Stereo Digital Fri 3:20-7:20-10:20
About Time (14A) Digital, Dolby Stereo Digital Fri-Sun 9:15 Digital, Dolby Stereo Digital Mon 9:20	Digital, Dolby Stereo Digital Sat-Sun 12:15-3:20-7:20-10:20 Digital, Dolby Stereo Digital Mon 7:10-10 Digital, Dolby Stereo Digital Tue 12:15-3:20-7:20-10:20 Digital, Dolby Stereo Digital Wed-Thu 7:10-10
Digital, Dolby Stereo Digital Tue 9:15 Digital, Dolby Stereo Digital Wed-Thu 9:20	The Hunger Games: Catching Fire (PG) Digital, Dolby Stereo Digital, No Passes Fri 3:30-7:10-10:30 Digital, Dolby Stereo Digital, No Passes Sat-Sun 12-3:30-7-10:30 Digital, Dolby Stereo Digital, No Passes Mon 6:30-9:50 Digital, Dolby Stereo Digital, No Passes Tue 12-3:30-7-10:30 Digital, Dolby Stereo Digital, No Passes Wed-Thu 6:30-9:50 Digital, Dolby Stereo Digital, No Passes Fri 3-4:30-6-6:30-8-9:30-10 Digital, Dolby Stereo Digital, No Passes Sat-Sun 11:30-1-2-3-4:30-6-6:30-8-9:30-10 Digital, Dolby Stereo Digital, No Passes Mon 6-7-8-9:15 Digital, Dolby Stereo Digital, No Passes Tue 11:30-1-2-3-4:30-6-6:30-8-9:30-10 Digital, Dolby Stereo Digital, No Passes Wed-Thu 6-7-8-9:15
The Book Thief (PG) Digital, Dolby Stereo Digital, No Passes Fri 3:10-6:15-9:20 Digital, Dolby Stereo Digital, No Passes Sat-Sun 12:10-3:10-6:15-9:20 Digital, Dolby Stereo Digital, No Passes Mon 6:10-9:10 Digital, Dolby Stereo Digital, No Passes Tue 12:10-3:10-6:15-9:20 Digital, Dolby Stereo Digital, No Passes Wed-Thu 6:10-9:10	Thor: The Dark World (PG) Digital, Dolby Stereo Digital Fri 7:30 Digital, Dolby Stereo Digital Sat-Sun 12:45-7:30 Digital, Dolby Stereo Digital Mon 6:20 Digital, Dolby Stereo Digital Tue 12:45-7:30 Digital, Dolby Stereo Digital Wed-Thu 6:20
Delivery Man (PG) Digital, Dolby Stereo Digital Fri 4:15-7:10-9:50 Digital, Dolby Stereo Digital Sat-Sun 1:15-4:15-7:10-9:50 Digital, Dolby Stereo Digital Mon 6:50-9:45 Digital, Dolby Stereo Digital Tue 1:15-4:15-7:10-9:50 Digital, Dolby Stereo Digital Wed-Thu 6:50-9:45	Thor: The Dark World 3D (PG) Dolby Stereo Digital Fri-Sun 4-10:15 Dolby Stereo Digital Mon 9:30 Dolby Stereo Digital Tue 4-10:15 Dolby Stereo Digital Wed-Thu 9:30
Frozen (G) Digital, Dolby Stereo Digital, No Passes Fri 2:45-6:10 Digital, Dolby Stereo Digital, No Passes Sat-Sun 11:45-2:45-6:10 Digital, Dolby Stereo Digital, No Passes Mon 6:15 Digital, Dolby Stereo Digital, No Passes Tue 11:45-2:45-6:10 Digital, Dolby Stereo Digital, No Passes Wed-Thu 6:15	
Frozen 3D (G) Dolby Stereo Digital, No Passes Fri 3:45-6:45-9:40 Dolby Stereo Digital, No Passes Sat-Sun 12:30-3:45-6:45-9:40 Dolby Stereo	



The future of cinema (starring you)

Choose your adventure.

Meet the companies ready to cast you in a live movie experience

SAM
CASTONE

Metro World News

You're walking down a dark metallic corridor, the disorienting sounds of machinery, attack alarms and soldiers in lockstep blaring from the room ahead. A minute ago, you were some hipster after work, three beers in. But now you're wearing a jumpsuit and traversing what appears to be a massive spaceship.

You see marines in zero-G gear, a decontamination room and a massive recon vehicle, 20 feet tall, surrounded by dry ice. It's like something out of *Alien*. No, rather, this is *Alien*. Or more specifically, the *Alien* spin-off *Prometheus*. And you're starring in it. Your living movie has just begun.

The above describes an event last year thrown by Secret Cinema, an arm of Future Cinema, the company that calls itself a "live cinema." It's part of a trend of immersive experiences around the world. The goal is participation, and Hollywood is listening: anything that peels you away from Netflix, and gets you to pay more, tends to do that.

"I see it as riding the edge of culture," Future Cinema founder Fabien Riggall told *Wired* last year. He has since declined interview requests, for fear he's revealed too much — Secret Cinema generates buzz by keeping the films themselves secret, hence the name. But we've been. After buying a ticket online (\$60 and up), you're sent mysterious instructions about where to go and what costume to wear, but nothing more.

Then, after entering, you realize the abandoned office building is a living Brazil, the 1940s theatre is Rick's Café from *Casablanca* and the broken-down school is Shawshank Prison — you roam the spaces while



Casablanca HANSON LEATHERBY



Prometheus FOX



Ghostbusters LAURA LITTLE

and had the blessing of director Ridley Scott, who introduced the film, via video, and donated props (that recon vehicle was real). The company's *Shawshank Redemption* experience reportedly raked in \$2.7 million US. Yeah, people paid to pretend to be in jail.

Despite its cool cred, Future Cinema wasn't the first to be so bold. That honour goes to Punchdrunk, a British theatre company around

since 2000. Their current productions include *Sleep No More*, an interactive adaptation of *Macbeth*, in New York, and *The Drowned Man*, in London, in which you wander through several warehouse floors of a noirish Los Angeles — a living, breathing, sepia-toned Grand Theft Auto, where every fairground, movie studio and bedroom has been constructed to the finest detail.

"We want to almost place the audience in an atmosphere where they're witnessing living films," says Felix Barrett, Punchdrunk's artistic director. "When we're directing it, we talk about wide shots and close-ups and we encourage each of the performers to im-



Shawshank FUTURE CINEMA



Sleep No More PUNCHDRUNK



The Drowned Man PUNCHDRUNK

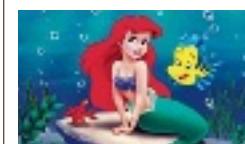


The zombie mall experience

Arrive at an abandoned mall in Reading, England, and — boom — the door slams shut. There's a zombie outbreak and it's up to you to stop it. Using real BB guns to shoot fake zombies, this has you living *Dawn of the Dead*. See zedevents.co.uk.

Second Screen Live

"Bring your iPad with you to the movie," reads a poster for Disney's re-release of *The Little Mermaid*. You can sing along and play games with help from the second screen. It's for film fans "open to the communal experience," and it worked well for *The Nightmare Before Christmas*.



The film location tour

See *Amelie*'s apartment, *The Motorcycle Diaries*' motorcycle and the bookshop from *Notting Hill*, along with other film locations in New York, California, Italy, Peru, Scotland and Tokyo — 20 in total. The \$300,000 US price tag includes round-trip airfare, hotels and guided tours. See veryfirstto.com.

By the numbers

\$2.1M

The amount Future Cinema reportedly made on its *Shawshank Redemption* event.

agine that they're heroes of their own movie."

The result is a choose-your-own adventure: you could end up following the town drunk for an hour, as he gets kicked out of the local diner; or watch the narrative, an adaptation of *Woyzeck*, that trails from room to room — or end up at the bar, enjoying a burlesque performer and happily (or anxiously) missing the "real show."

"We want to make the theatre dangerous again so that you're out of your comfort zone," Barrett says. (How dangerous? With all the dark corners, we couldn't help but ask if he's caught anyone ... you know, interacting. "Ahhh, we've caught people red-handed,"

he says. "We've had people who think they're performing and the lines blur too deeply.")

What's next? Future Cinema is planning a worldwide expansion, having just attempted events in New York, London and Greece. And Barrett plans to take his fake world experience into the real one. Imagine this: "You book a holiday. You get a date, a locker and a key for the airport and you open your locker and you find out where you're flying to. You're given one instruction — say a café to go to — and then the show has begun and it's a completely surreal world — and you don't know who is a performer and who isn't." You saw *The Game*. Now live it.

Far from Broken, a musical affair continues

Interview. Brian Burton and James Mercer are back with a falsetto-filled second album *After the Disco*

RICHARD PECKETT
Metro World News

The band Broken Bells is the guilty pleasure of super-producer Brian Burton, a.k.a. Danger Mouse (one-half of Gnarls Barkley), and James Mercer, lead singer of avant-garde indie four-piece The Shins. Ironically, the Bells is where Mercer and Burton go for their R & R away from the industry. But rather than coming back with flawless skin, the U.S.-based artists have produced an experimental collection of genre-busting tracks.

"The record reflects the hangover or comedown after the party," says Danger Mouse of their second album *After the Disco*, due out Jan. 14.

Metro sat down with the duo in an East London hotel to chat the bizarre Bee Gees sound, psychedelic experiences and why the band is a pressure-free passion.

How long did it take you to put this record together?

Brian Burton: Overall, this record took eight weeks.

James Mercer: It's crazy, man. Halfway through I was thinking "It's kind of done." We had a record — I was shocked.

James, you said in an interview: "We need to do another record, for sure. It's fun. I think (Danger Mouse) enjoys it, too. It's like a vacation — although I don't want my wife to know that!" Does it feel like an affair of sorts?

Mercer: (Laughs) Like a musical affair or something — you get to run off. The thing that's cool about it is that we share the burden of all the creative parts. There's nowhere near the pressure that I feel doing something like The Shins or like Brian would feel doing a record on his own. It feels like I'm not working; it's not this laborious, tedious thing, so you do sort of feel guilty in a way.

You're both independently successful, so is this partnership more about the music (a kind of vanity project) than about commercial success?

Burton: We genuinely want to make the best s—t we can possibly make — there is



The band Broken Bells are back for more. CONTRIBUTED

A big deal

Is this a concerted effort to make Broken Bells more of a big deal?

- Mercer was quoted as saying: "We want to have a bigger sort of show. We want to have something

impressive happening and we'll see how it works. It'll depend on whether people are loving the record and how big the record gets dictates how much we're willing to put in."

Have an affair

"Like a musical affair or something — you get to run off. The thing that's cool about it is that we share the burden of all the creative parts. There's nowhere near the pressure that I feel doing something like The Shins."

James Mercer
Talking about making this album

delic and a bit trippy. Were you drinking mushroom tea at the time of making the video?

Mercer: (Laughs) We love psychedelic music and I'm not sure whether it's because I've taken psychedelic drugs or not. Maybe it's just coincidental.

Burton: Psychedelic music is just experimental with melodies. It hooks you in with things you can repeat or sing.

OTTAWA SCHOOL OF ART - ÉCOLE D'ART D'OTTAWA

Holiday FUNDRAISING Art Sale Vente d'art de BIENFAISANCE des fêtes

November 28 - December 15, 2013
Vernissage: Thursday November 28, 5pm to 8pm

28 novembre au 15 décembre 2013
Vernissage: jeudi 28 novembre de 17 h à 20 h



ARTOTTAWA.CA /ARTOTTAWA

35 rue George Street, Ottawa, ON, K1N 8W5



Avril Lavigne talks Chad Kroeger, getting wasted and her new album

Interview. The pop-rock princess opens up about her new husband, their courtship and cleaning up some of her lyrics

PAT HEALY
Metro World News

On the cover of Avril Lavigne's newly released self-titled album, she looks all grown up, with a stern expression and dark makeup framing her eyes. But the first thing she sings on the album is the line "I don't care about my makeup," so it's probably best to pay heed to the age-old advice of not judging a book by its cover. Within Avril Lavigne is a whole bunch of fun anemic pop that she'll be the first to tell you, doesn't really get too deep within Avril Lavigne. Sophisticated stuff, this is not, but there seems to be a friction on the album between the impulse to try to preserve her youth and the impulse to grow up. In conversation, Avril Lavigne is as laid back and self-assured as any of her songs would lead you to believe.

The feeling I get from this album is definitely a summer feel. It doesn't really



seem very November to release an album with tracks like Bitchin' Summer and Sippin' on Sunshine.

It's funny because I asked myself if this was going to just turn out to be a summer record. We were doing a lot of writing in the summer, and I wanted to have a summer song, you know, driving in the car, good feeling, good times. For about a week I was writing songs like that. But this album has Sippin' on Sunshine and Bitchin' Summer. And then Rock N Roll kind of does have summer feel to it. The record was supposed to come out earlier, but they changed the date on me three f-ing times.

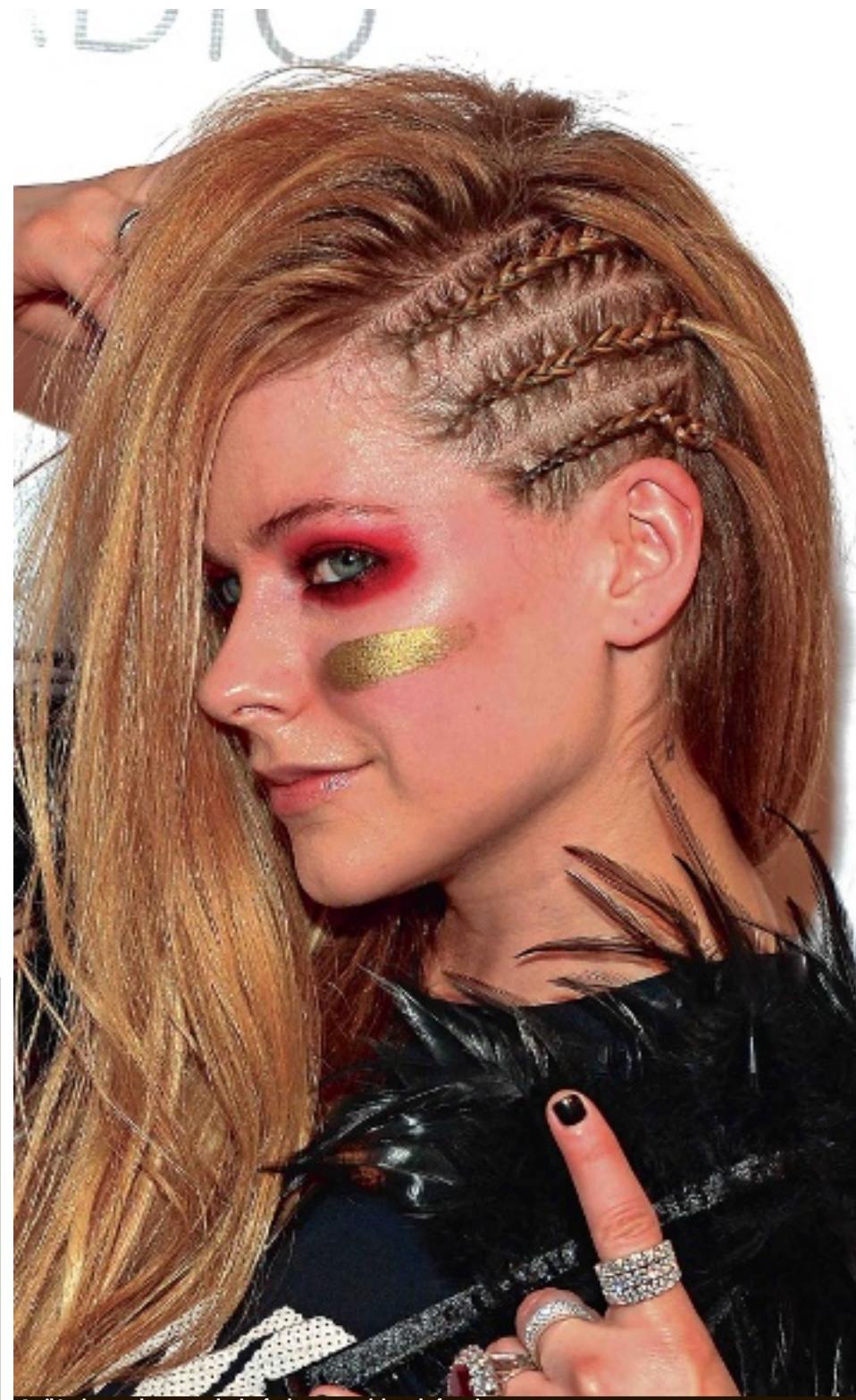
You seem caught between the sentiment of Here's to Never Growing Up and actually growing up ... It's really not that deep, musically. I like to be on stage, I like to write pop-rock songs. That's what everyone

wants to hear from me, and that's when everyone goes ape-shit, with the fist-pumping and all. But there are different sides to me, I enjoy sitting down at the piano and telling this in-depth story and writing an emotional ballad (but also) I love rock music, so I have Bad Girl on this record and Hello Kitty, which has a grungy electronic feel. So the album is diverse and I wanted to write all different types of styles and moods.

There are a lot of mentions of getting wasted on this album too. I feel like you don't hear that referred to in such a straightforward way that much on pop radio. (Laughs.)

Do you have people that are saying that they can't get your stuff on the radio because of the content? There is a clean version and an explicit version. It's something I definitely think about, but then I have the opportunity to offer two options.

With this album, you collaborated a lot with your husband, Chad Kroeger. I've heard it referred to as a snapshot of your relationship's development. At what point in the creative process



Avril Lavigne makes no apologies for her pop-rock brand of music. GETTY IMAGES

Free PARTS DAYS!
PULL YOUR OWN PARTS AND SAVE BIG!
1000 FRESH CARS!

STANDARD AUTO WRECKERS

613.591.5600

Grand Opening Sale!
Admission Charge of \$49.95 (Taxes included), per person, per trip.
Rules and Exceptions to be posted at the time of the sale.

CharityCar.ca **JunkCar.ca**
Car or Truck for sale?
2 Ways to Recycle
Free Towing

Call Us Today!

NEED A CAR PART?
613.591.5600
Parts for many Makes & Models.

www.StandardAutoWreckers.com

did you guys realize there was truly something there? At what part of writing and working together did you guys fall in love?
Well, we worked on the album and he was on tour. Then he left and then we worked again. We worked

in different clumps. When I had actually taken a break after the tour, I moved to France on my own. Then he came out to visit me and that was our first time getting together without it being work-driven.

Did any songs come about from the courtship?
We have a duet on this record. That was the first one we worked on together. Then we also worked on a song called If I said That I Loved You, and it's a duet, it's unreleased.

All hail the Internet



**SOUND
CHECK**

Alan Cross
scene@metronews.ca

Let's all bow our heads and thank the Internet for the musical bounty that regularly washes up on our screens



God's Chorus of Crickets/Jim Wilson

This 1992 recording of crickets — yes, the insects — resurfaced recently. Turns out that when you slow down their chirping, angels appear to sing. It needs to be heard to be believed.



We Could Be Heroes/Dogs Sing for Cancer

Since cancer kills one in four dogs, a group of canines came together to sing this song to raise awareness of the problem. It'll melt your heart.



Bad Like That/Hello Beautiful

Definitely the weirdest video I've seen this month. I can be summarized thusly: woman gives birth to Whitby band. Literally.

Handwritten Born to Run manuscript headed to auction

Music history.

According to Sotheby's, the document has lots of unpublished and unrecorded material from Springsteen

A handwritten working manuscript of Bruce Springsteen's 1975 hit Born to Run will be offered at auction on Dec. 5, with a presale estimate of \$70,000 to \$100,000 US, Sotheby's said Wednesday.

The seller was not revealed. The auction house said the document used to be in the collection of Springsteen's former manager, Mike Appel.



Bruce Springsteen.
JOHN MINCHILLO/THE ASSOCIATED PRESS

Sotheby's said most of the lines in this 1974 version, written in Long Branch, N.J.,

are apparently unpublished and unrecorded, but the manuscript does include "a nearly perfected chorus."

Springsteen's thought process, written in blue ink on an 8 1/2-by-11 sheet of ruled notepaper, looks like this:

"This town'll rip the (out your) bones from your back / it's a suicide trap (rap) (it's a trap to catch the young) your dead unless / you get out (we gotta) while your young so (come on! / with) take my hand cause tramps / like us baby we were born to run."

"The imagery and tone are constant from the present manuscript to the final song," the auctioneer said.

The document will be part of a Manhattan sale of fine books and manuscripts.

THE ASSOCIATED PRESS

Free Belgian Truffle*



*With the purchase of any medium or large hot specialty beverage

*At participating cafés only. While quantities last. ©2013 ThreeCafé Brands Canada, Inc.

TICKETS ON SALE TODAY!

DANNY BHoy

BEST INTERNATIONAL ACT
TIME OUT SYDNEY

"One of the most sparkling wits in the world."

MONTRÉAL GAZETTE

"Possesses the natural charm and intelligence on stage to suggest he will become one of the all time greats."

THE STAGE

Dear Epson...

MARCH 15 • 8 pm
National Arts Centre

NAC BOX OFFICE AND ALL TICKETMASTER OUTLETS
1-888-991-2787
ticketmaster.ca

Media partner
comedy 106.9
Ottawa Citizen
106.9

HAHAHA.COM/DANNYBHoy
@OFFICIALBHoy WWW.DANNYBHoy.COM





Blythe Danner. ALL PHOTOS GETTY IMAGES

Dear riff-raff: Stop bugging my extraordinarily accomplished daughter

Blythe Danner wants everyone to leave her daughter, Gwyneth Paltrow, alone. "I feel she's just extraordinarily accomplished in every area, and people don't like that," Danner says in an interview with the blog Naughty But Nice Rob.

"Some people don't like that, people who are bored and sit on their asses all day and just tap away. I mean, I don't read any of it, I just find it disgusting. There is a coarsening of our culture today that is just so tragic."



Brad Pitt

Brad and Shia don't play well together

Brad Pitt and Shia LaBeouf apparently aren't having the best of times working together on the Second World War drama Fury, currently shooting in the U.K.

"They have very different styles of working and it's not mixing well on a

personal level," a source tells Radar Online. "Brad loves to joke around with his young co-stars, and especially on a very serious war movie, he'd love to take the edge off by kicking back between scenes. But Shia wants to stay in character the whole time."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Australia



How Justin's new hobby is going over Down Under

An Australian hotel is declaring itself a graffiti Bieber, despite being at odds with the city government. QT Hotel in the Gold Coast said it gave Justin Bieber permission to spray graffiti on its wall. The Canadian singer and others posted images online showing cartoon faces in fluorescent paint on an outdoor wall at the hotel in Queensland state.

After hearing criticism, the hotel changed its Facebook page cover art Thursday to show Bieber, his graffiti and the declaration: "He asked, and we said YES."

The Gold Coast mayor Tom Tate says the singer risked undermining the city's efforts to fight graffiti. "The last thing we want is to have graffiti glorified and more young people thinking it's a cool thing to do," he said.

In a letter to the hotel, Tate asserted the city can insist on removal of graffiti in private spaces if it's visible from public spaces.

But in further posts on its Facebook page, QT Hotel defended Bieber as an excellent hotel guest and said it wanted to promote graffiti as an art form. It invited artists to share examples of their work to be judged, with select artists being offered a hotel wall they could spray-paint themselves.

Bieber performed in Brisbane on Wednesday and has more concerts in Sydney on Friday and Saturday.

The 19-year-old pop star arrived in Australia after a troubled Latin American tour.

He apologized to Argentinians after images appeared to show him dragging that country's flag across the stage with his feet. He quit one concert early after apparently contracting food poisoning, and police in Brazil want to question him about another graffiti incident there.

THE ASSOCIATED PRESS

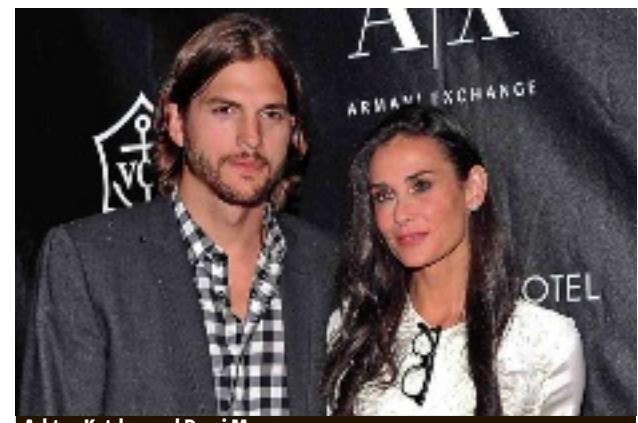


Kanye West

I didn't tell nobody not to buy no Louis Vuitton nohow, Kanye clarifies

Kanye West wants to clarify his stance on Louis Vuitton. The rapper insists he never ordered his fans to boycott the fancy fashion brand — since it would be unnecessary. "It's a misconception that I said boycott Louis Vuitton," he said during an interview with NYC radio station 92.3 Now.

"You can't boycott Louis Vuitton. I wouldn't tell nobody to boycott a brand that ain't nobody even thinking about no more. Nobody thinking about buying no Louis Vuitton." The beef apparently started after the head of the label declined West's request for a meeting.



Ashton Kutcher and Demi Moore

Ashton and Demi are officially unhitched

After first separating in late 2011 and filing for divorce almost a year ago, Ashton Kutcher and Demi Moore have finalized their divorce, according to E! News. The papers were signed on Nov. 6

by Moore and on Nov. 14 by Kutcher, and according to the documents the parties have a written agreement about their shared property and neither will be receiving spousal support of any kind.

Twitter



@chelseahandler

I need auto correct for my mouth.



@JuddApatow

I feel like all modern technology in some form was introduced in the film *Sleeper*. Wasn't he doing online shopping?



@rihanna

Love the smell of NYC!

FretLight Guitar — \$299 and up, clockwise, from left, LG SoundPlate — \$499.99, Sony Walkman WH303 — \$149.99, Mondo Wi-Fi Music Player — \$179.99, Philips ShoqBox — \$149.95, iPod Touch — \$229 and up, SleepPhones — \$39.95 and up, Skullcandy Crusher — \$99.99.



Don't fret music lovers

MIKE
YAWNEY
For Metro

Music is the gift that keep on giving. Impress the audiophile in your life with one of these musical gadgets under the tree.

FretLight Guitar — \$299 and up

Learn to play the guitar with a little high-tech help. LEDs light up the frets on this special guitar so you know exactly where to place your fingers. Download songs from your favourite artists or pur-

chase entire sets of lessons. Available in acoustic and electric.

iPod Touch — \$229 and up

There's a reason Apple's iPod remains the No. 1 MP3 player on the market. Beautiful design, gorgeous retina display and simple user interface make this a huge hit for all ages. Use it to store and play thousands of songs, or immerse yourself in the tens of thousands of apps.

LG SoundPlate — \$499.99

This innovative speaker system sports a simple design, which doubles as a pedestal beneath your flat-screen TV. The 4.1-channel sound system comes with dual built-in subwoofers for rich, full sound while watching your favourite movies or TV shows. When your eyes get tired, enable the Bluetooth feature to listen to your favourite tunes from your phone or tablet. Available in December.

Philips ShoqBox — \$149.95

Designed to

withstand water and abuse, the ultradurable ShoqBox is one for true road warriors. Two speaker drivers create loud, clear audio with the ability to pair two ShoqBoxes as left-right speakers. This unit doubles as a hands-free speaker for your phone.

Sony Walkman WH303 — \$149.99

Headphones with a built-in MP3 player. Store up to 1,000 favourite songs with 4GB of internal storage, then decide how you want to listen to them. You can wear the headphones around your neck and let the built-in speakers pump out the tunes, or listen to your music privately with the

headphones on your ears. A single charge will give you up to 20 hours of music enjoyment.

Skullcandy Crusher — \$99.99

These headphones are designed with one thing in mind — bass. An adjustable bass slider will have music lovers fine-tuning their favourite tracks while an in-line mic on the cable lets you have phone conversations. These headphones are smart enough to turn on automatically when the tunes begin to play and turn off when not in use to preserve battery life.

Nuvo Wireless Music System — \$229 and up

Spread music throughout the house. This system utilizes your home's Wi-Fi network to stream lossless level audio to multiple rooms. Supports music services such as Pandora, iTunes and SiriusXM satellite radio. This high-end system isn't cheap, but

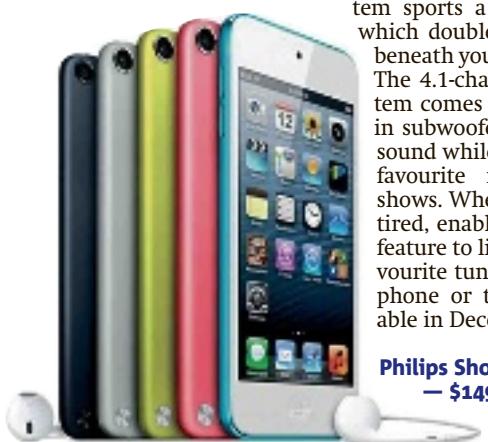
if you are an audiophile it's worth the hefty price tag of a complete system.

Mondo Wi-Fi Music Player — \$179.99

Listen to radio stations from around the world. This Wi-Fi music player sports a beautiful 3.5-inch colour display that shows off station or album art as your favourite songs play. With more than 18,000 free radio stations to choose from there is always something to listen to.

SleepPhones — \$39.95 and up

Pyjamas for your ears. These headphones are designed to play music while blocking light from your eyes to help you fall asleep faster. Play your favourite songs or download free full-length sleep tracks.



400 King Edward Ave.
www.ottawalittletheatre.com

Give the Gift of Theatre This Christmas The Ottawa Little Theatre Christmas Custom Packages

Custom 4 & 6 ticket packages

ticket vouchers to any show - on any night - in any combination

The Custom 6 \$111.00 (Only \$18.50 per ticket!)

The Custom 4 \$78.00 (Only \$19.50 per ticket!)

Taxes included!

Includes an OLT Christmas card - we can mail it for you!

To order call 613-233-8948 ext 1



Customizable printed fleece pet jacket, \$29.50, available at Lands' End, landsend.com.

Get festive for Fido



The Dog Whisperer with Cesar Millan Transform-A-Bone, \$9.99, available at Canadian Tire, canadiantire.ca.



Auggiedog Automatic Pooper Scooper, \$149.99, available at auggiedog.com.



Bailey & Bella microsuede beds, \$49.99 to \$79.99, available at Pet Valu, petvalu.com.



Thundersweater, \$69.99, available at PetSmart, petsmart.com.



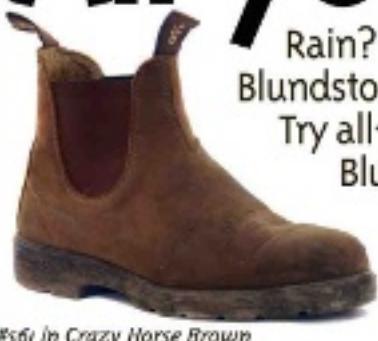
The Electrolux UltraCaptic light-weight, premium bagless vacuum, \$599, available at major retailers, electrolux.ca.



The Dog Whisperer with Cesar Millan Oxford Canvas Gusset Dog Pillow, \$34.99, available at Canadian Tire, canadiantire.ca.



All you need.



Rain? Mud? Dress up? Dress down? Blundstone boots take it all in stride. Try all-season, all-terrain, all-world Blundstone boots. Laces? Who needs 'em?

The Shoe Inn
356 Richmond Rd.
613 829-3030
shoeinn.ca

Blundstone
Full leather and suede boots
blundstone.ca

Buy a
luxury toy for yourself
or someone you like!

We-Vibe, Jimmy Jane, Lelo, Fun Factory, Hitachi!

♦ Students get 10% off toys with valid ID ♦

venus envy
books. sex. health.

320 Laurier Street, 613.789.4646
To order: 877.370.9288 or www.venusevy.ca





Gift cards give you the opportunity to tailor a gift and still let the recipient make the final choice. ANNA SUBBOTINA/SHUTTERSTOCK

Gift cards. To give or not to give, that is the question



MICHELLE WILLIAMS
For Metro

When it comes to giving gift cards, 90 per cent of Canadians either purchase or give gift cards in any given year.

And this number is rising, says Steve Dekker, managing director of Blackhawk Network Canada, the company that runs many of the gift card mall kiosks within retail outlets in Canada. Still, many people worry when it comes to giving a gift card, so we asked Dekker to address some common concerns.

Is it personal enough?

One of the biggest challenges for gift givers is finding just the right gifts. Gift cards for movies, restaurants, retailers or music give you the opportunity to tailor a gift and still

let the recipient make the final choice.

I don't know what card they might like

Consider a Visa or Mastercard gift card. They might not be as personal, but the clear advantage is that they can be used anywhere. The disadvantage is there is an additional fee for these purchases.

I really like my friends and family to have a gift to open

Many people put gift cards into greeting cards or drop them into a stocking, but you can be more creative. Put them in small boxes and wrap them up or package them up with another gift so they can be unwrapped together.

I worry that the card may not work

The technology behind these cards is rock solid, but just in

case, it's always wise to hold on to the activation receipt.

The card may expire before it's used up

There are consumer protection laws to prohibit expirations or additional fees.

I'm worried the card might be forgotten or get lost and never be redeemed

Typically, the faster you use the card, the less likely this is to happen. Keep your gift cards in a handy place so you don't forget you have them. Most cards can also be registered online with a retailer by the recipient, so if it's lost, you can get a replacement.

What if you don't want the card you're given?

You can exchange or even return unused cards online for a small fee. Check out cardswap.ca for more information.

Leave a festive impression



JANE DOUCET
For Metro

If you are stumped about what to get someone on your holiday gift-buying list, why not consider a festive plant?

"A nicely wrapped plant in a decorative pot is a great gift for a tabletop," said Robin Godfrey, the owner of Lakeland Plant World in Dartmouth, N.S.

Godfrey describes three popular holiday house plants and how to care for them:

Poinsettia: Hands down, this is the most recognizable plant of the season.

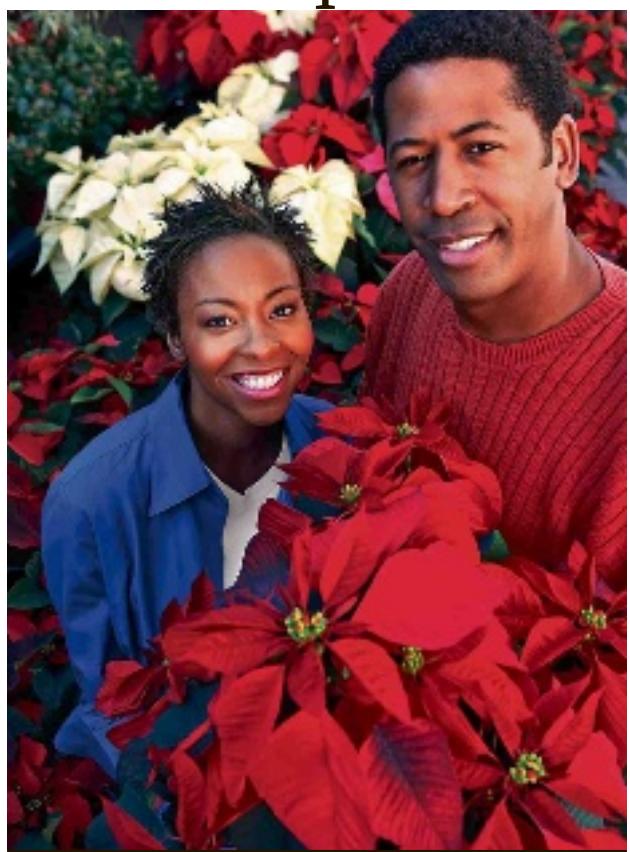
"The poinsettia is the king of holiday plants," Godfrey said.

Traditionally sold with bright red and green leaves, which remains the consumer favourite, it also comes in many patterns and colours. The tropical greenhouse-grown plant comes in different sizes, too, from four to 12 inches. With proper care, a poinsettia can last until spring. Don't overwater it, but don't let it dry out completely, either. It does well in indirect light but won't thrive in a cold room.

Holly: With bright red berries against dark-green pointed leaves, holly is synonymous with winter and the holidays. Plus, it's the gift that keeps on giving.

"You can plant holly in the ground in the spring," Godfrey said.

Place it in well-drained, slightly acidic soil in full sun. If you want a bush with berries, keep in mind that most varieties have male and female plants, and that only



Poinsettia's are the most recognized plant of the season. MIKE WATSON IMAGES/THINKSTOCK

the female shrub produces berries. So, in the spot where you would like to plant a holly bush with berries, you will need to plant a female variety and make sure that a male variety is planted nearby. If that's too complicated, try to find varieties that don't need a male plant in order to produce berries.

Christmas cactus: This year-round plant has flowers that hang from the ends of its leaves. It will adapt to low light conditions but will produce blooms more readily if exposed to brighter light (too much direct sunlight can burn its leaves, however). This cactus requires frequent and thorough watering, especially during its active growth in spring and summer. Allow the moisture to dry out some between watering but never completely, and never let the plant sit in water, which will lead to root and stem rot.



**Ottawa
Artisans
Guild**

CHRISTMAS Craft Sale

**November 30
10am-4pm**

**St. Francis Xavier High School,
Riverside South, 3740 Spratt Road
(Corner of Limebank Rd.)**



www.ottawaartisansguild.ca | www.facebook.com/OttawaArtisans

Door prizes

Free admission & parking

Donations to the food bank welcomed

Babes in Toyland



LeapFrog Rainbow Tea Party, \$24.99, available at major retailers.



LeapFrog Chat and Count Cell-phone, \$19.99, available at major retailers, leapfrog.ca.



PlaSmart Sleep Sheep Smart Sensor, \$39.99, available at Indigo, indigo.ca.



Go! Go! Smart Wheels Train Station Playset, \$55.99, V-Tech available at Walmart, Toys R Us, Sears, and Canadian Tire.



Laugh & Learn Crawl Around Car, \$69.99, Mattel, available at most major retailers, mattel.com.



HOLIDAY BEST

SHOP RIDEAU CENTRE FOR THE BEST IN HOLIDAY GIFTS AND FASHION

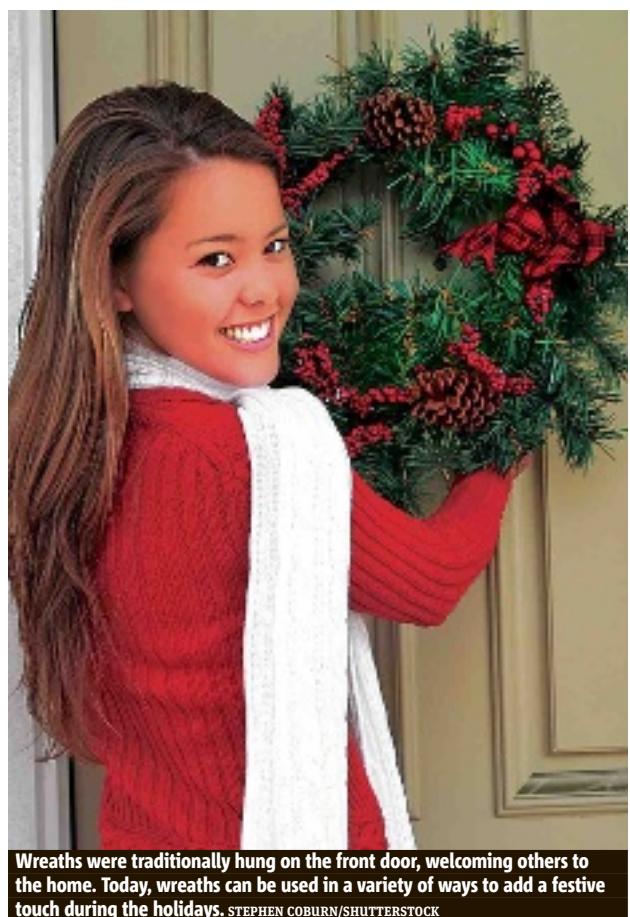
Extended Holiday Shopping Hours

Monday to Saturday,
9:30 AM - 9 PM
Sunday, 10 AM - 6 PM

Santa Photos

Saturday and Sunday,
11 AM - 1 PM and 2 PM - 4 PM
Visit Santa in Eaton Court and have
your photo taken for \$5. All proceeds
donated to the Snowsuit Fund.

RIDEAU
CENTRE 
rideaucentre.com  



Wreaths were traditionally hung on the front door, welcoming others to the home. Today, wreaths can be used in a variety of ways to add a festive touch during the holidays. STEPHEN COBURN/SHUTTERSTOCK

A welcome decor touch



MICHELLE WILLIAMS
For Metro

Hanging a wreath is one of the easiest ways to add a festive touch to your home's curb appeal and interior decor. Traditionally, wreaths were hung on the front door, welcoming others to the home. These days, you can use multiple wreaths and literally decorate for the holidays in minutes.

We've asked Brian Rattray, a Toronto-based Canadian Tire general manager, to share his top 10 tips and trends on decorating for the holiday with wreaths.

1 Sinamay wreaths are super stylish this season. Sinamay is mesh ribbon or fabric that comes in Christmas colours and patterns that loop, gather and twist into a beautifully full and fashionably wreath. They look great inside and out.

2 Dress up your front door with pre-lit wreaths. They look impressive at night and make your front door the focal point of your holiday decor.

3 Place a wreath in your holiday theme colours on the table as a centrepiece and

use pillar candles to fill the centre.

4 Hang them on doors to give rooms a simple festive touch or take down a few pictures and hang wreaths in their place — they look especially impressive over a fireplace.

5 Keep it natural with pinecone wreaths, which go great inside and out with just about any decor.

6 For a modern aesthetic, silver-, gold- or copper-coloured wreaths are just the right touch.

7 Hang wreaths in your windows and they can be enjoyed inside and out.

8 Multiple wreaths that are similar or identical help create a theme for your indoor and outdoor decor and make decorating incredibly easy. Use two or three and you don't need anything else.

9 Don't go simple. The most popular wreaths for the holiday season are overstated — the more embellished, the better.

10 Circular wreaths are traditionally most popular, but think outside the box and consider a swag, square or teardrop shape instead.

Gift baskets. A delicious option

If you can't spend time with friends or family members this holiday season, there are still ways you can send your greetings and share your love.

What about selecting Christmas fruit baskets? It is one of the best gifts you can select for the season.

A fruit basket can convey your greeting and express your care towards the health of the ones you love. Missed

family members and friends can gather around the table to celebrate the occasion and create memorable moments with your gift basket.

The ability of gift basket designers plays a role in making fruit baskets so demanding during the holiday season. The fruits are beautifully designed to make it look like a precious gift. Well-known online fruit gift delivery



A holiday gift basket can be a tasty option. DASHA PETRENKO/SHUTTERSTOCK

stores hand-pick the best and freshest fruits to make the

gift royal, romantic and delicious at the same time.

Go online and place the order within minutes. Select the gift basket and schedule your delivery date.

If you want to add a fresh taste to your Christmas celebrations, then this can be your time to send Christmas fruit baskets for your friends and the ones you love.

METRO NEWS SERVICES



RBC Royal Bank

RBC Rewards is now
90,000 times
more rewarding.



Now you can redeem your RBC Rewards® points online for the latest products from Future Shop® and Best Buy®.

- Access to 90,000+ products
- Free, fast shipping on most items†
- Home delivery or in-store pickup†
- Redeem points only or use points plus credit card

RBC
rewards®

Start redeeming now at rbcrewards.com



► FUTURE SHOP

®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada. † All other trademarks are the property of their respective owners. Free shipping is excluded for items that require scheduled delivery. For more details about shipping and in-store pickup please visit RBC Rewards Redemption, Return and Exchange Terms & Conditions for Best Buy and Future Shop.

Sensational seasonal scents

JANINE
FALCON
For Metro

From lush florals to sexy, spicy scents, covetable per-



Murale, Sephora, department stores and drugstores.

Clinique Calyx, the same distinctive vibrant and groundbreaking scent first launched by Prescriptives in 1986 now under the Clinique umbrella. From \$62 at department stores and clinique.com.

Dolce & Gabbana Pour Femme Intense, a sexy, oriental floral of neroli, jasmine, tuberose and sandalwood. From \$110 at department stores and Shoppers

Drug Mart, Beauty Boutiques.

Elizabeth Arden Untold, a warm, fruity floral with jasmine, black currant and patchouli. From \$75 at drug and department stores.

Estée Lauder Modern Muse, a striking "dual-impression" fragrance that appeals to some women as a lush floral, and to others as a sensual woody scent. From \$65 at Hudson's Bay and estee lauder.ca.

Valentino Oud Assoluto, a decadent, heady scent of leather, rose, agarwood (oud),

vanilla and dry woods. Limited edition, \$148 at Holt Renfrew.

Fresh Life Eau de Parfum, inspired by dew-dampened grass, fresh morning breeze, the first rays of sunlight and cool, clear water. From \$44 at Sephora.

Jo Malone London Saffron Cologne Intense, a spicy fragrance of golden saffron, pink peppercorn, incense and warm blond woods. \$165 at Holt Renfrew.

Lancome Trésor Eau de Parfum Lumineuse, a softer, floral fruity interpretation of the original oriental floral Trésor. From \$67 at drug and department stores, and lancome.ca.

Lancome Trésor Eau de Parfum Lumineuse, clockwise, from left, Dolce & Gabbana Pour Femme Intense, Fresh Life Eau de Parfum, Aerin Amber Musk, Armani Si, Jo Malone London Saffron Cologne Intense, Clinique Calyx, Estée Lauder Modern Muse, Chloé Roses de Chloé, Valentino Oud Assoluto, and Elizabeth Arden Untold.

**IF YOU HAD ONE,
YOU'D UNDERSTAND**



Big Green Egg
The Ultimate Cooking Experience™



GIVE THE GIFT OF AN EGG THIS YEAR. IT'S THE GIFT THAT REALLY KEEPS ON GIVING. JUST ASK CHRIS NEIL.

SCAN HERE TO SEE WHAT CHRIS IS COOKING UP!



BBQing.com **CAPITAL APPLIANCE & BBQ**
sales • service parts
12 Grenfell Crescent
Off Slack Rd, near Merivale Rd.
(613) 228-0009

Holiday-themed games for kids

If you plan to throw a Christmas party for a group of children this year and you are stuck for game ideas, then here are some fun suggestions that will keep them truly entertained.

Simple, traditional party games can be adapted to suit a particular theme, so since it's a Christmas party you could adapt the following classic games into a Christmas theme:

Santa Says: This is just like Simon Says.

Snowman Freeze: When the music stops, children have to freeze and stand still like a snowman. The child who moves first is out until the last remaining child is left.

Pin The Tail On Rudolph: Play it like Pin The Tail On The Donkey, but adapted to pinning a big red nose on Rudolph.

Santa, Santa, Elf: Played like Duck, Duck, Goose, or you can choose other appropriate names if you prefer.

Pass The Christmas Gift Box: This is the same as Pass The Parcel, but wrap a box in Christmas paper and fill with pre-wrapped gifts for each child.

Apart from the traditional



Play Pass The Candy Cane with a group of children. NICOLE S. YOUNG/ISTOCK/THINKSTOCK

style games, here are some other games and activities that can be fun to play.

Fill The Christmas Stocking Relay: Ideal for a larger group of children, this game involves splitting the kids into two teams. Hang up a couple of Christmas stockings and get two large bowls and fill them with sweets. The children have to scoop up sweets with a spoon, walk over to the stocking and fill it, then run back and give the spoon to the next child in the line. The team that fills up the stocking with the most sweets is the winner.

Decorate A Cookie: Kids love cookie decorating, especially when they get to eat their creations. Make cookies beforehand into shapes such as snowmen, Christmas trees, gingerbread men and round Christmas puddings.

METRO NEWS SERVICES



Christmas in the ByWard Market

Free Wagon Rides and Christmas Choirs at William Square from noon - 4 p.m. every Saturday and Sunday starting Nov. 30 until Christmas! (Weather permitting)

Bring home your Christmas tree & holiday decorations from the ByWard Farmers' Market. Over 3,100 parking spaces available.

Shop Taste Live Experience the ByWard Difference

@ByWardMarketBIA www.bywad-market.com  ByWard-Market-Business-Improvement-Area

ASUS recommends Windows 8.



ASUS ZENBOOK™ UX302

Kiss me, I'm beautiful.

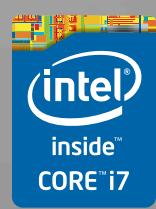
Stunning, stylish and scratch-resistant, the all-new ASUS ZENBOOK™ UX302 will take your breath away.

Discover more at www.asus.com

Powered by the Intel® Core™ i7 processor

ASUS®
IN SEARCH OF INCREDIBLE

© 2013 ASUS Computer International. All Rights Reserved. ASUS is a registered trademark of ASUSTeK Computer. All specifications are subject to change without notice. Products may not be available in all markets. Intel, the Intel Logo, Intel Inside, Intel Core, and Core Inside are trademarks of Intel Corporation in the U.S. and/or other countries.



DVD delights

Settle down in front of the TV to enjoy some of these popular series and movies.

Turbo

With a great (voice) cast that includes Ryan Reynolds, Paul Giamatti, Michael Peña, Snoop Dogg, Maya Rudolf, Michelle Rodriguez and Samuel L. Jackson, this 3D comedy follows an underdog snail whose dreams kick into overdrive when he miraculously attains the power of super speed and enters the Indy 500. Available where DVDs are sold; \$32.89 for Blu-ray on Amazon.ca.



Big Bang Theory, Season 6

Follow the antics of geeky physicists Sheldon Cooper and Leonard Hofstadter and their equally geeky friends. This popular American sitcom premiered in 2007. DVD \$49.99, Blu-ray \$59.99. Available at HMV — for a location near you visit hmv.ca.



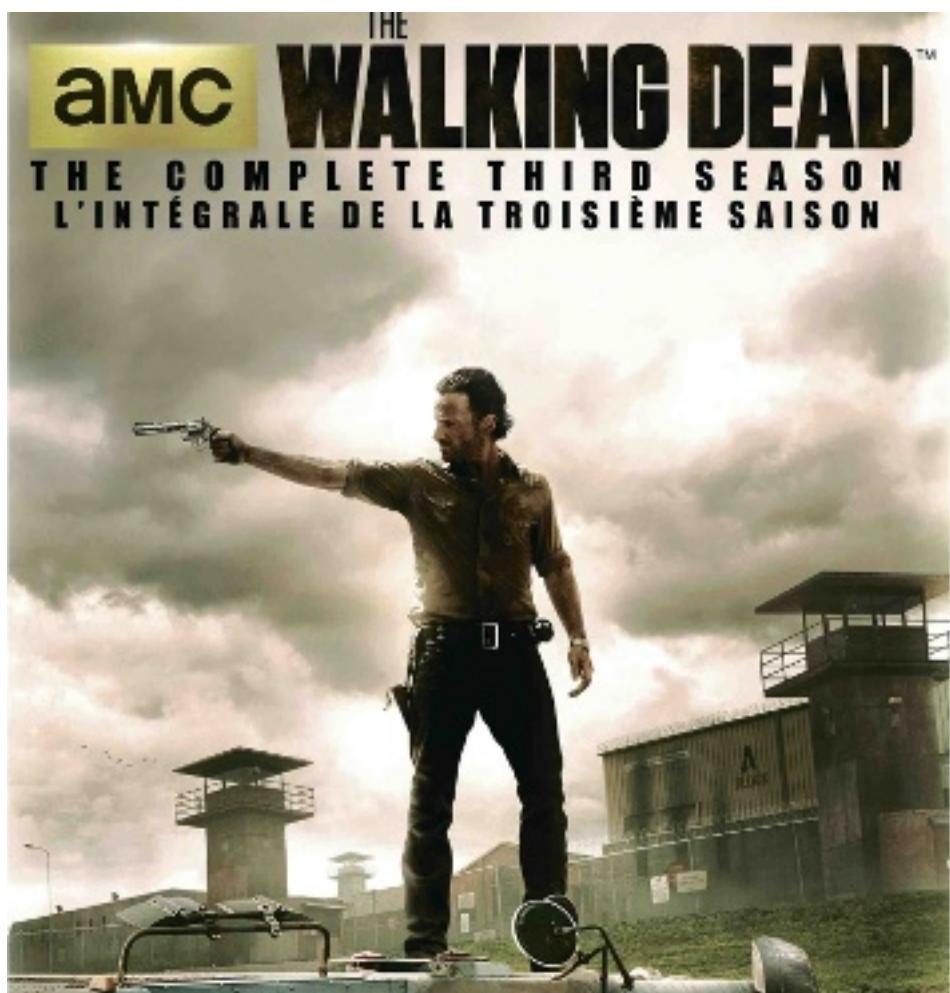
Breaking Bad: The Complete Series

To provide for his family's future after he is diagnosed with lung cancer, a chemistry genius turned high school teacher teams up with an ex-student to cook and sell the world's purest crystal meth. This collectible replica money barrel contains every show along with special features and other commemorative items. \$250 at Amazon.ca.



Walking Dead, Season 3

A sheriff leads survivors in search of safety after the zombie apocalypse. In Season 3, they find refuge in a prison ... but not for long. DVD \$49.99, Blu-ray \$59.99. Available at HMV — for a location near you visit hmv.ca.



CDWAREHOUSE.ca

Let Music... FILL THE AIR

MICHAEL BUBLÉ

To Be Loved / Christmas DOUBLE PACK



It's that time of year again, when the sound of Bublé fills the air. So what better a time to offer fans and gift recipients alike this specially-priced package, stuffed with two bestselling Michael Bublé albums — his latest, *To Be Loved* featuring the #1 hit, "It's A Beautiful Day" plus Michael's perennial Holiday bestseller, *Christmas*.



BILLIE JOE + NORAH

Foreverly



At first glimpse, the pairing of Green Day frontman, Billie Joe Armstrong, with adult jazz superstar and nine-time Grammy® winner, Norah Jones, seems oddball. However, one listen to this unlikely combo reciting the refrains captured originally on the classic Everly Brothers' 1958, *Songs Our Daddy Taught Us*, and it's apparent this duo is a natural fit.



BLUE RODEO

In Our Nature



Blue Rodeo returns to a familiar rootsy sound, with stellar songwriting from co-frontmen Jim Cuddy and Greg Keelor stealing the spotlight. Recorded on Greg's farm — the same setting used for the classic *5 Days In July* — *In Our Nature* is already being recognized as one of the band's finest recordings ever.

ALL TITLES SPECIALLY PRICED IN-STORE AND ONLINE!

Nepean	1383 Clyde Ave.	613-225-9027
Clearance Centre - Ottawa	1717 St. Laurent Blvd.	613-523-0110
Kanata	499 Terry Fox Dr.	613-599-4700

MORE THAN JUST A HAIRCUT

hair junkie
by fads

We can help you with
the **perfect gift** for
someone special.

Get a **20% bonus** with
the purchase of any Hair
Junkie gift card — just in
time for the Holidays!

Offer ends December 30th.

200 Laurier Avenue West,
Ottawa, Ontario, K1P 6M7
613-565-0123 / info@hairjunkie.ca

hairjunkie.ca

Liquid Assets

Old school
Austrian sips



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

After more than two decades of taking it on the chin from their New World counterparts, the winemakers of Europe are making a comeback. While France and Italy are seeing the biggest upsurge in popularity, Spain, Germany and Austria are harvesting the benefits of the growing interest in their juice.

Yes, I said Austria — a country I bet you didn't know has been making wine for more than four centuries. Impossible-to-pronounce regional names and grape varieties that are virtually Austrian exclusive haven't helped the cause.

Though reds make up about 30 per cent of the country's output, whites are Austria's claim to fame. Typically drier and zippier than those made by its German neighbours, whites with the Grüner Veltliner grape have made a modern name for themselves as a partner for Asian cuisine (think sushi).

With its Franz Ferdinand-esque label and phonetic first name, the Groener 2012 Grüner Veltliner (\$13.11 - \$16.99) is a modern take on old-school Austria with citrusy fruit, balanced acidity and a clean, green finish.

PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



A modern take on a Hanukkah tradition

Three Root Vegetable Latkes. The perfect fall-inspired recipe



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

Potato latkes are a traditional Jewish or Eastern European dish, especially served on Hanukkah. I wanted to make a healthy version, so I used a blend of root vegetables. Use the grater blade of a food processor to grate the veggies.

1. In a skillet sprayed with vegetable oil, add the oil, onions and garlic. Sauté on medium heat for 10 minutes until tender. Add the sugar and sauté another 5 minutes. Place in a mixing bowl.
2. Squeeze out the excess moisture from the grated vegetables.

Ingredients

- 2 tsp vegetable oil
- 2 cups diced onion
- 1 tsp crushed garlic
- 2 tsp brown sugar
- 2 cups grated peeled sweet potatoes
- 2 cups grated peeled baking potato
- 1 cup grated peeled parsnips
- 3 tbsp chopped fresh dill or 1 tsp dried
- 2 eggs
- pinch of salt and pepper
- 1 tbsp vegetable oil
- 1/2 cup tzatziki



This recipe serves six. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Add the vegetables to the onion mixture along with the dill, eggs and salt and pepper.

3. Pat into 12 latkes. In two large non-stick skillets add 1 tbsp vegetable oil sauté on a medium heat the latkes for about 7 minutes per side or

until vegetables are soft. Serve with the tzatziki.

Restrictions

Please be advised that this recipe may not meet all

Jewish dietary or traditional requirements.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

Moores[®]
CLOTHING FOR MEN

BLACK FRIDAY
DEALS
4 DAYS ONLY!
NOV 28-DEC 1

BUY 1 GET 1 FREE
EVENT

CLEARANCE SHOES
NOW 30% OFF
THE ORIGINAL PRICE

Buy any item at regular price, get a second like item of equal or lesser value free.
Excludes shoes, clearance, and Everyday Low Price items. Additional restrictions apply.

To find a store near you, visit mooresclothing.com

Grand Opening
November 29
15% OFF ALL DAY
DINE-IN OR TAKE-OUT
From 6pm-9pm
Live DJ, Free Samples
and much more!

LIL' NEGRIL
ISLAND GRILL
261 Centrepointe Drive
613-226-7575
www.lilnegril.com

3
E
E
E

4 SPORTS



Lions wide receiver Calvin Johnson dunks the football through the uprights after his 20-yard touchdown on Thursday in Detroit. Johnson had six receptions for 101 yards and his TD put the Lions up 24-10 early in the third quarter of a game they would go on to win 40-10. RICK OSENTOSKI/THE ASSOCIATED PRESS

Lions show 'special' side after lousy start

NFL. Lions bounce back to score 37 straight points against short-handed Packers

Matthew Stafford and Reggie Bush did their part to keep the Aaron Rodgers-less Green Bay Packers in the game.

Stafford turned the ball over a few times and Bush did once.

Instead of crumbling and losing confidence, both players bounced back and helped the Detroit Lions put together a dominant performance after an

On Thursday	
40	10
Lions	Packers

awful start.

Stafford threw three touchdown passes, including one to Calvin Johnson, Bush had 182 yards of offence and scored, and Detroit tallied 37 straight points to rout Green Bay 40-10 on Thursday.

Megatron reels in Rice

4,944

Detroit's Calvin Johnson now has 4,944 yards receiving in two-plus seasons, breaking Jerry Rice's NFL record for yards receiving in a three-year stretch. Rice had 4,850 yards receiving from 1993 to 1995.

"When we get out of our own way, we can be pretty special," Bush said.

Early on, it looked as if the Lions were going to find another way to waste chances to win a game and take control of the NFC North.

"It's easy when you lose a couple games in a row, particularly the fashion that we lost, for people to say, 'Here we go again,'" Detroit coach Jim Schwartz said. "I'm sure there were some people that were saying that, but they weren't on our sideline."

The Lions (7-5) had lost their last two games, five consecutive against Green Bay and a franchise-record nine straight in their annual showcase on U.S. Thanksgiving.

"It's a step in the right direction for us," Stafford said. "I'm sure the turkey will taste better." THE ASSOCIATED PRESS

NFL. DeMarco delights Dallas fans with TD troika



Cowboys running back DeMarco Murray runs the ball against the Oakland Raiders on Thursday afternoon in Dallas. RONALD MARTINEZ/GETTY IMAGES

DeMarco Murray did the finishing work for the Dallas Cowboys. Backup Lance Dunbar made his job a lot easier.

Murray ran for three touchdowns, Dunbar had a career-high 82 yards rushing and the Cowboys overcame Oakland's fumble return for a score on the opening kickoff to beat the Raiders 31-24 Thursday.

Murray had 63 yards rushing but did most of his damage near the goal line, including a seven-yard score to put Dallas ahead for good early in the

fourth quarter.

Dunbar, who went out with a left knee sprain, sparked the tying and go-ahead touchdown drives in the second half, highlighted by a 45-yard run that led to a four-yard scoring pass from Tony Romo to Dez Bryant.

The Cowboys (7-5) moved two games above .500 for the first time since late last season. The Raiders (4-8) are guaranteed an 11th straight season without a winning record since going to the Super Bowl during the 2002 season. THE ASSOCIATED PRESS

metronews.ca
WEEKEND, Nov. 29-Dec. 1, 2013

Concussion lawsuit

Vaive wants name removed from lawsuit

Former Toronto Maple Leafs captain Rick Vaive has asked that his name be removed from the concussion lawsuit against the NHL.

Vaive's lawyer Trevor Whiffen claims the former 50-goal man wasn't provided with a copy of the claim beforehand and that he would not have agreed to the allegations made against the NHL had he been asked to review its contents. THE CANADIAN PRESS

HNIC's future

Cherry to talk Rogers deal on Coach's Corner

Don Cherry will wait until this weekend's Hockey Night in Canada to weigh in on the future of the flagship hockey broadcast.

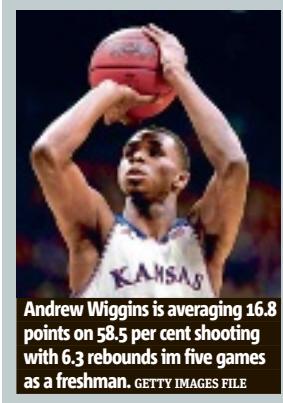
CBC says that during his Coach's Corner segment Cherry will address this week's announcement that Rogers Communications has gained national broadcast and multimedia rights to all NHL games starting next hockey season.

The high-profile hockey commentator is also expected to discuss his possible role in the new Hockey Night in Canada. THE CANADIAN PRESS

NCAA men's basketball

Wiggins helps Jayhawks survive Wake Forest's second-half push

Canada's Andrew Wiggins scored 12 of his 17 points in the second half and No. 2 Kansas moved into the semifinals of the Battle 4 Atlantis, downing Wake Forest 87-78 on Thursday. THE ASSOCIATED PRESS



Andrew Wiggins is averaging 16.8 points on 58.5 per cent shooting with 6.3 rebounds in five games as a freshman. GETTY IMAGES FILE

Horoscopes

Aries

March 21 - April 20

This should be an encouraging day and even if you don't accomplish anything remarkable, you will still make progress. Though what seems like no big deal to you may look remarkable to others.

Taurus

April 21 - May 20

Try not to put yourself under stress today because the planets suggest you will get more out of life if you take things easy. Treat what look like a major setback as no more than a minor irritation.

Gemini

May 22 - June 21

There is no point complaining unless you intend to change it. If you give rivals the idea that you are upset about what they are up to, they might decide to do it more.

Cancer

June 22 - July 23

Something you used to get a great deal of joy from no longer thrills you. In a way that's good because it means you can devote the time and energy you spent on it to more serious creative matters.

Leo

July 24 - Aug. 23

Flattery will get you everywhere today and will be especially useful if you want to make a good impression on the work front. People in positions of power like to be told how wonderful they are.

Virgo

Aug. 24 - Sept. 23

Speak up and say what is on your mind but don't expect any applause. If you have any criticisms maybe you should try to make them sound more like positive suggestions.

Libra

Sept. 24 - Oct. 23

You won't solve a problem by trying to force others to see it from your point of view. If they get the impression that you feel you are intellectually superior to them they will go out of their way to defy you.

Scorpio

Oct. 24 - Nov. 22

Try saying nice things to important people today. You may not believe a word of it but if you can get employers to support what you are doing it could mean the difference between success and failure.

Sagittarius

Nov. 23 - Dec. 21

There have been times of late when it felt as if you were at the mercy of events but it isn't as bad as you think. With the Sun firmly placed in your sign, you should be more upbeat about your prospects now.

Capricorn

Dec. 22 - Jan. 20

Make it your aim to find something to enjoy in everything you do. Whatever it is you are working on there is no reason why it should not make you smile.

Aquarius

Jan. 21 - Feb. 19

You may be eager to push ahead with a project but the planets indicate it might be best to wait a few days. Both tomorrow's Sun-Uranus link and next Tuesday's new moon will bring about new ideas.

Pisces

Feb. 20 - March 20

You will see only what you want to see today. That's fine, but if you close your mind completely to new possibilities you'll be the loser.

SALLY BROMPTON

Crossword: Canada Across and Down

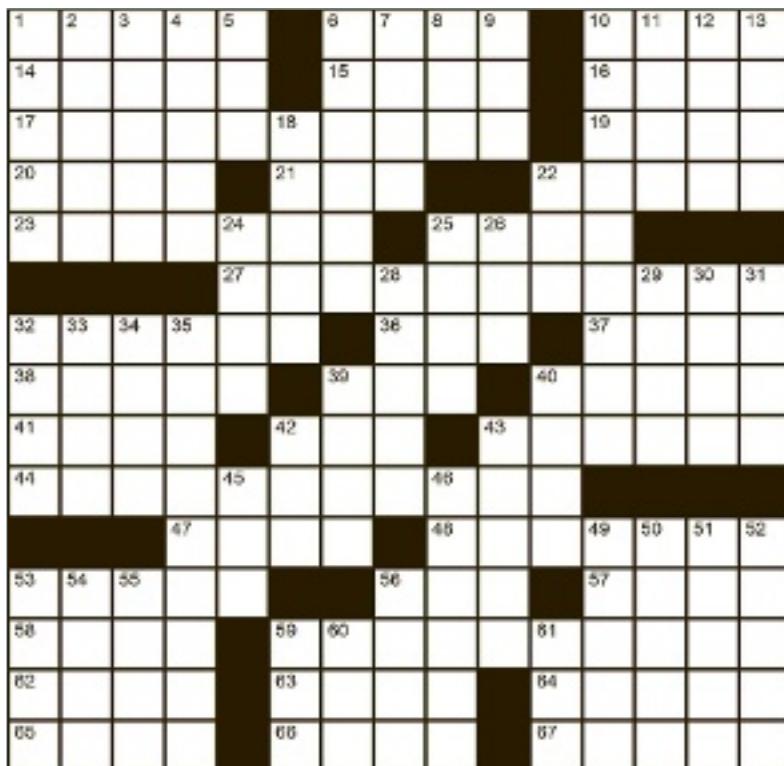
Across

1. Vermicelli
6. Piece of the puzzle
10. Gwyneth Paltrow's lifestyles website, __.com
14. Gelatin mould dish
15. James __ (Pulitzer-winning writer)
16. " __ la Douce" (1963)
17. Racecar driver Jacques, an honoured member of Canada's Sports Hall of Fame
19. Achievement
20. Good vs __ (Superhero's battle)
21. Bar beverage
22. Rock
23. Embark on a cruise: 2 wds.
25. Earth
27. It kicks off the Christmas shopping season: 2 wds.
32. Figures of speech
36. Sanction
37. Store event
38. Moved off course
39. "Way cool!"
40. Scatter

41. Docking spot
42. Sighed sounds
43. Snow-packed ski runs
44. Historic building from 1886 where The Second City in Toronto was famously located: 3 wds.
47. Fertilizer ingredient
48. Record-breaking building category
53. Quality
56. "Frasier" character
57. "Ah, me!"
58. This spot
59. Singer from Saint-Ignace, New Brunswick: 2 wds.
62. Buffalo kind
63. __ Cooper

64. Beaver-ish looking animal
65. Look after
66. Assorted [abbr.]
67. Highway-crossing animals
Down
1. Does road work
2. " __ always said..."
3. __ pea soup

4. Cash register drawers
5. Hotshot
6. Spain: Valencian dish of rice
7. Fluish feeling
8. Gun the engine
9. Football prop
10. Thingies put out annually by Oprah Winfrey, and most recently, Gwyneth Paltrow: 2 wds.
11. Celebrated cookie
12. Muscat is its capital
13. Hors d'oeuvre spread
18. Manicurist's concerns
22. Military address
24. Sleep Country



See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Canada purchase,
25. Timetable, cool-style
26. Commonly, poetically
28. English punk band, with The 29. Dash
30. Sheltered, nautically
31. Archery bow trees
32. Spellling boo-boo
33. Racetrack fence
34. Was in debt
35. Chanel No. 5's magazine page: 2 wds.
39. Ms. Perlman
40. Window ledge
42. Go-Go's smash: "Our Lips __ Sealed"
43. Shopping __
45. Galway's country [abbr.]
46. English pop trio, __ Kitten
49. Espresso style
50. Upper crust
51. More sensible
52. Boris Godunov, and others
53. Fantastic, in slang
54. Boulevard in Montreal, __-Levesque
55. Cast or Wrought
56. Also-
59. "This is yummy."
60. Crossword rendering of a segment of a road's dotted line
61. Mr. Stewart

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

4	6	9	3	7	5	1	2	8
5	1	2	8	9	4	6	7	3
7	8	3	1	2	6	9	5	4
2	7	4	6	8	1	3	9	5
8	9	6	5	3	2	4	1	7
3	6	1	7	4	8	8	6	2
9	2	8	4	1	7	5	3	6
1	3	5	2	6	8	7	4	9
6	4	7	9	5	3	2	8	1

7	9			2	6
8		5	4	1	
2					3
4	1	3	8		
6					4
7	2	5	6		
4					8
3	8	9	6		
9	8			1	5

Today

-8° / -18°
Mainly sunny

Saturday

-6° / -8°
Variable

Know what the weather will be 14 days from now.
Check the 14 day trend.

©The Weather Network 2013

visit metronews.ca

true bijoux

FABULOUS JEWELLERY FINDS

2 DAYS ONLY
29th & 30th November

BLACK
FRIDAY
SALE

\$412
\$550

Belle Etoile Bangle



\$95
\$220

Italian sterling silver bracelet
with rose quartz



\$1449
\$2898

14k white gold
diamond tennis
bracelet, 1.50 ctw



\$79
\$195

18k white gold pendant with
fresh water pearl and diamond,
silver chain



\$1997
\$3995

14k white gold
diamond studs, 1.50 ctw

\$49
\$140

Italian sterling
silver hoop earrings



\$220
\$595

Italian sterling silver opera
necklace with aquamarine



\$795
\$1450

14k white gold diamond
pendant, 0.50ctw



FREE GIFT WITH PURCHASE WHILE SUPPLIES LAST.

Drop by the store at 206 Sparks Street, near Bank Street, or visit us online at www.truebijoux.ca.



airmilesshops.ca™

10X +
NOV. 27 – DEC. 4

BLACK
FRIDAY
DEALS

Shop online and earn 10x AIR MILES® reward miles¹

140+ ONLINE STORES INCLUDING...



Apple Store
Canada

Expedia.ca

ebay™

Sears®

amazon.ca™

OLD NAVY

BT BEYOND THE RACK

Indigo

LANDS' END

THE SOURCE™
I WANT THAT

VICTORIA'S SECRET

BOSE®

L.L.Bean

GAP

DELL®

and many more...

What does 10X reward miles mean?



Spend \$1,000
on a laptop*

Get 500 reward miles*

*Example is for illustrative purposes only.

Visit airmilesshops.ca/blackfriday

#airmilesshops

* Actual reward miles earned will depend on the online store's Base Offer and your qualifying purchase total, less exclusions, made during the promotion period. Example shown reflects the 10x offer only and does not include any other Bonus Offer(s) that you may also be eligible for on purchases made during the promotion period.

¹LIMITED TIME OFFER: 10x reward miles offer valid on qualifying purchases of \$20 CDN or more, excluding shipping, duty and taxes, made in a single transaction between November 27, 2013 and December 4, 2013. Offer applies to the total base reward miles earned on qualifying purchase amount excluding shipping, duty and taxes. Base Offer may vary. Click on store logo on airmilesshops.ca for offer details. Collectors must sign in at airmilesshops.ca before purchasing in order to earn reward miles. Offer can be combined with other Bonus reward miles offers. This offer is valid on the purchase of gift cards only at online retailers who regularly offer reward miles on gift card purchases. See airmilesshops.ca for details. This offer does not apply to purchases made at Rogers Magazine subscriptions (including Chatelaine, Today's Parent, Maclean's and Sportsnet Magazine) or made at travel online stores (including travel bookings, car rentals, and hotels), except Expedia. Qualifying Expedia bookings include packages you build including hotels and vacation activities only. This offer is not applicable to stand-alone flight and car bookings to prepackaged vacations such as all-inclusive vacations, cruises, tours and travel insurance purchased at Expedia. For eligible purchases made at Expedia, travel must be booked by December 4, 2013 and completed by December 31, 2013 to qualify for the offer. All other online stores are subject to change and may be withdrawn at any time. For eligible Expedia purchases, reward miles will be posted to your Collector Account within 75 days after travel is completed. For all other purchases, reward miles will be posted to your Collector Account within 75 days after the promotional period.

©TM Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc.